

2017

Youth Data Survey

8th, 10th, and 12th grade students from Harrisonburg City and Rockingham County Schools



Youth Data Survey 2017

8th, 10th and 12th grade students
from Harrisonburg City and
Rockingham County

A project supporting the Health Community Council's community assessment mission.

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Survey

Local Youth Data Survey

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**James Madison University
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Futuro Latino Coalition**

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Introduction

Background

James Madison University's Institute for Innovation in Health and Human Services (IIHHS) is pleased to present the 2017 Youth Data Survey for Harrisonburg and Rockingham County. The YDS has taken place every two years since 1997 and continues to provide key data about local youth risk behaviors that enables the community to develop priority areas around youth issues. Administered by IIHHS, the Youth Data Survey (YDS) is a collaborative effort involving many community partners, including: United Way of Harrisonburg and Rockingham County, Harrisonburg City and Rockingham County Public Schools, Eastern Mennonite High School, James Madison University, the Healthy Community Council, Sentara RMH Community Health, the Blue Ridge Area Health Education Center, and the Futuro Latino Coalition. Over 50 agency representatives and community volunteers assist with the administration of the survey every two years. The goal of the YDS is to examine the current and longitudinal trends around local youth risk behaviors with an approach that taps into the larger community question of what assets we need in our community to help people successfully navigate from infancy to adulthood. The objectives of the YDS for the community are the following: produce reliable information on risk behaviors; assess needs; ascertain gaps in service; assist in determining priority areas; allow agencies access to local data in order to write successful state, federal, and foundation grant applications to address the identified needs; and evaluate the impact agency programs have on the local youth over time. The ultimate goal is to improve the quality of life for the children and youth in Harrisonburg and Rockingham County.

Every two years in the fall a locally created survey is administered to approximately half of all 8th, 10th, and 12th graders in Harrisonburg City and Rockingham County. Every 10 years a committee comprised of local agency representatives and interested community members evaluate the survey and make any necessary additions and revisions. JMU students assist IIHHS staff and help secure and train agency representatives and community volunteers to administer the survey. This report would not be possible without the support of our local schools, community organizations and many dedicated volunteers.

The survey was administered during the week of November 13, 2017 to youth in Harrisonburg City and Rockingham County. Surveys were completed by 2,056 students (approximately 980 females, 1017 males, 11 transgender youth, and 26 gender non-conforming youth) between the ages of 13 and 19.

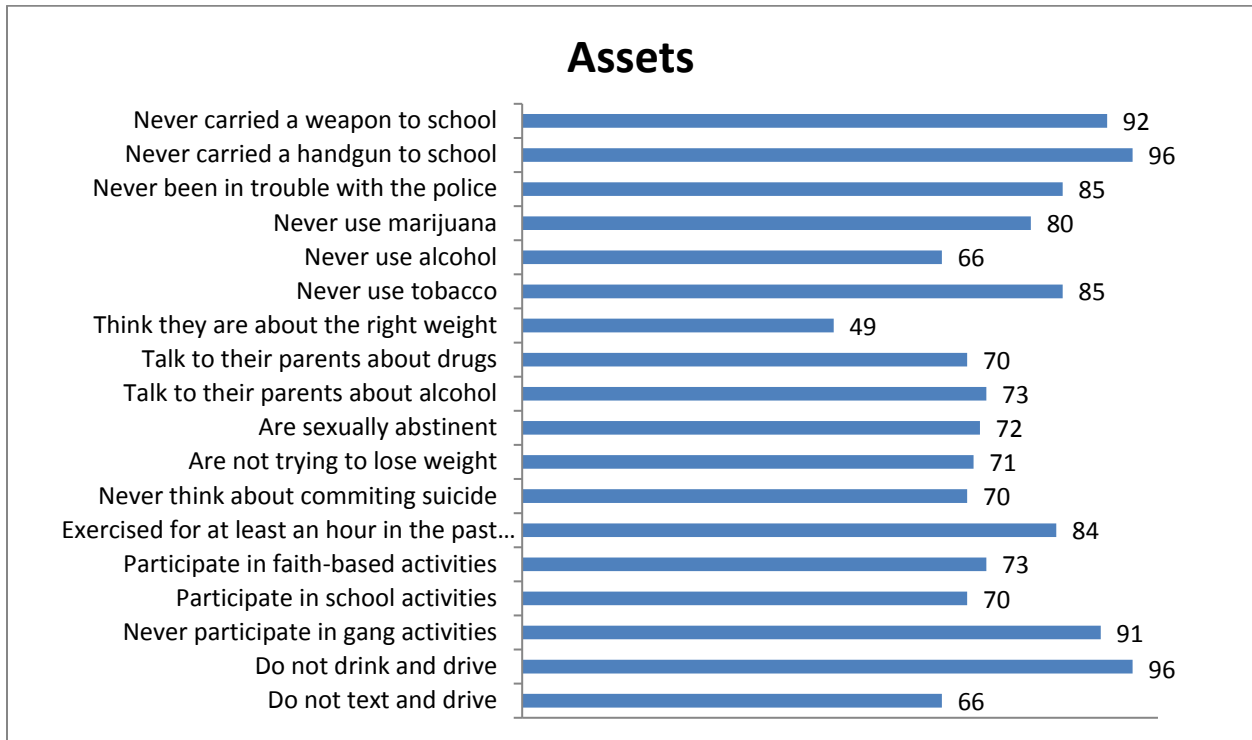
Navigation

This report presents information on key issues affecting the youth in our community. The Quick Facts section gives an overview of the assets and risk factors present in our youth. The data is then presented by categories for a more detailed investigation of assets and risk factors. Following the categories you will find some supporting data on parents. The final section includes Topical Fact Sheets that provide at-a-glance information on selected risk factors. The survey is included in the appendix for your reference.

Additional Information

In addition to the data presented in this report, IIHHS staff are available to make specialized presentations or reports for any interested group. Please contact Jennifer Rea at (540) 568-2559 or reajl@jmu.edu with requests. Archived data from all administrations of the Youth Data Survey (1997-2017) is also available on the IIHHS web site (<http://www.jmu.edu/iiehhs/>).

Quick Facts on Our Youth 2017



Risk Factors

Sexual Activity

Of sexually active youth (28%)
 39.7% Use condoms
 13.6% No method
 17.5% Use withdrawal
 21.9% Use birth control pill
 4.3% Use birth control shot

Alcohol Use

1.3% Daily
 5.4% Weekly
 12.5% Monthly
 15.4% Annually

Tobacco Use

3.4% Daily
 3.3% Weekly
 3.6% Monthly
 4.9% Annually

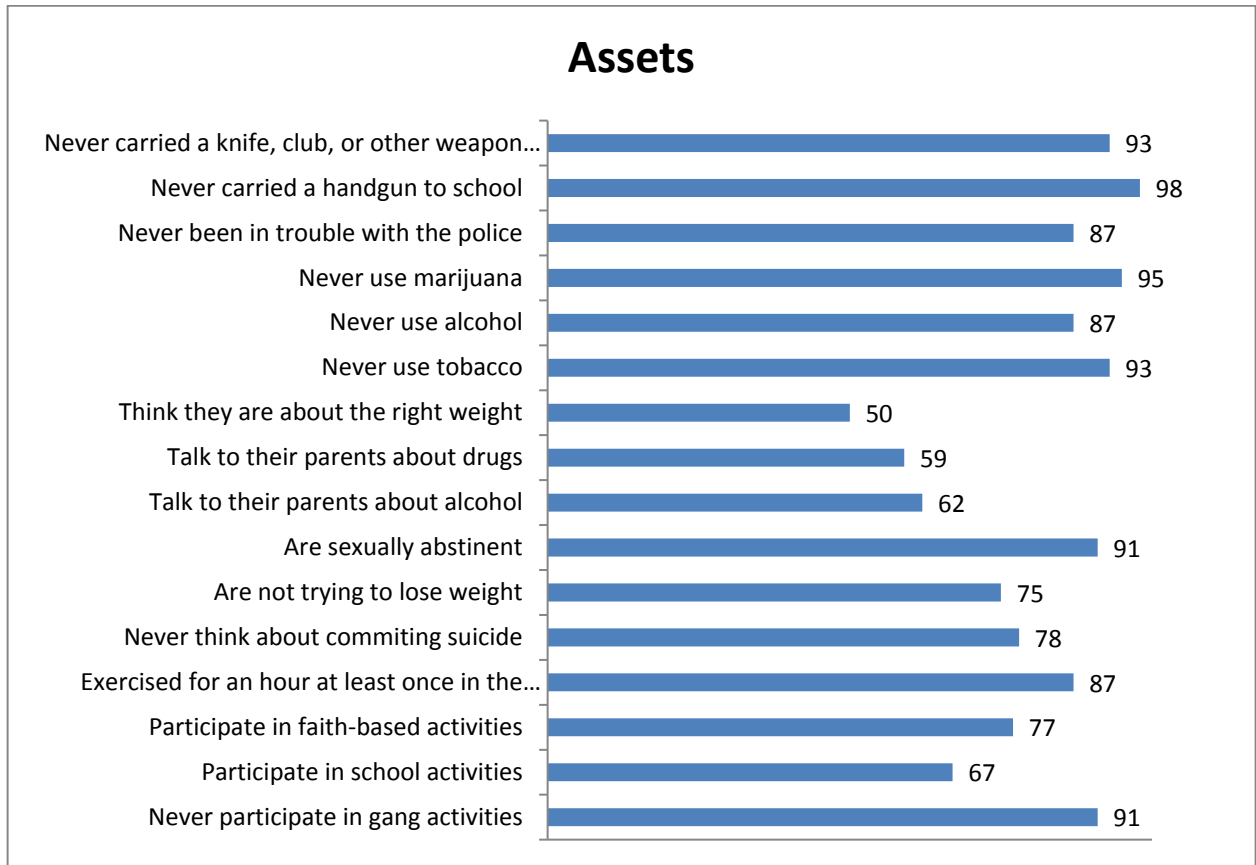
Marijuana Use

3.6% Daily
 3.6% Weekly
 5.3% Monthly
 6.8% Annually

Dangerous Weight Loss

2.5% Vomit
 1.0% Use Pills

Quick Facts on Our 8th Graders 2017



Risk Factors

Sexual Activity

Of sexually active 8th Graders (9% of total)

- 39.3% Use condoms
- 26.8% Use no method
- 10.7% Use withdrawal
- 19.6% Use birth control
- 3.6% Use birth control shot

Alcohol Use

- 0.5% Daily
- 0.5% Weekly
- 4.3% Monthly
- 7.9% Annually

Dangerous Weight Loss

- 2.0% - Vomit
- 0.8% - Use Pills

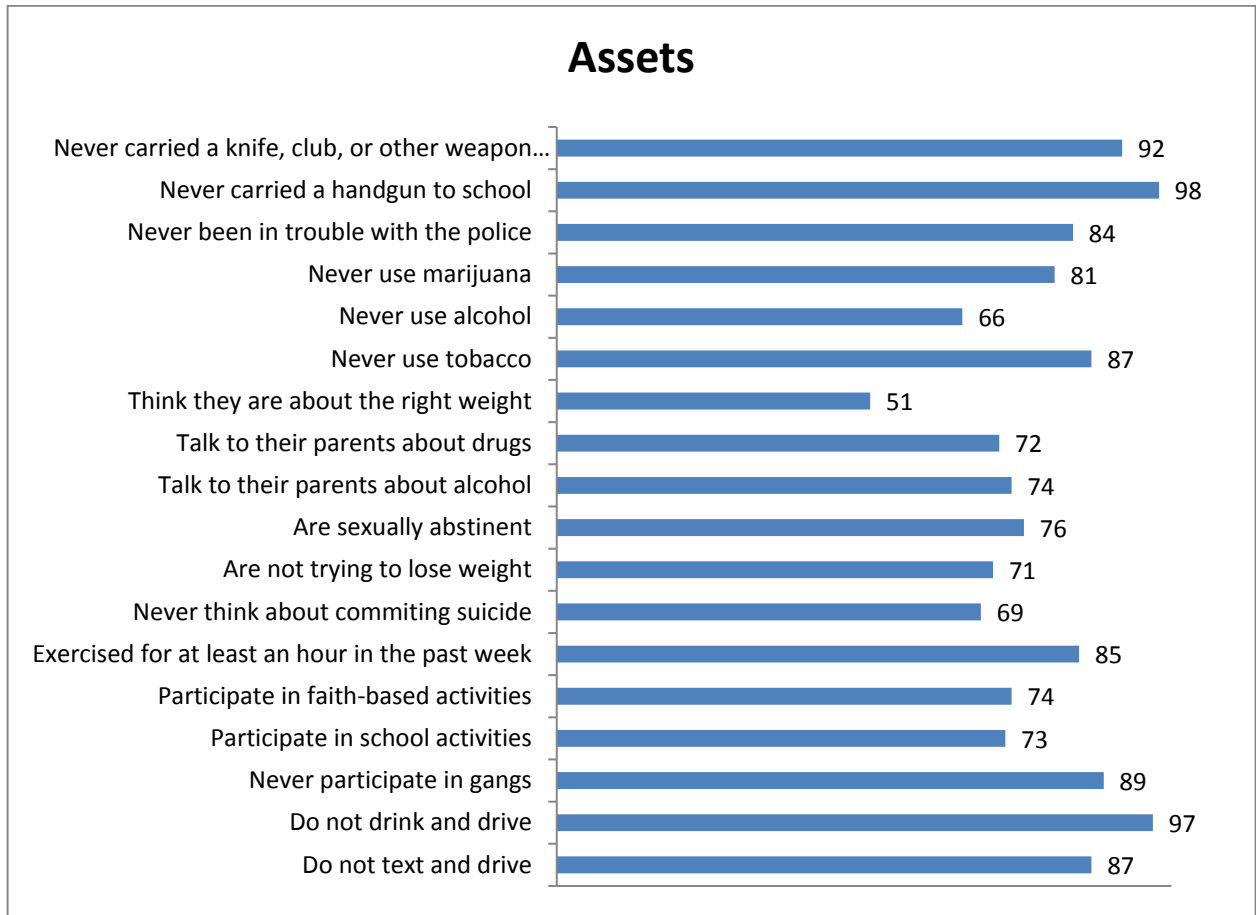
Tobacco Use

- 1.3% Daily
- 1.1% Weekly
- 2.0% Monthly
- 2.3% Annually

Marijuana Use

- 1.3% Daily
- 1.1% Weekly
- 1.0% Monthly
- 1.8% Annually

Quick Facts on Our 10th Graders 2017



Risk Factors

Sexual Activity

Of sexually active 10th graders (25% of total)

- 45.7% Use condoms
- 13.6% Use no method
- 14.9% Use withdrawal
- 21.3% Use birth control pill
- 3.2% Use birth control shot

Tobacco Use

- 1.4% Daily
- 2.5% Weekly
- 4.1% Monthly
- 4.8% Annually

Alcohol Use

- 0.3% Daily
- 5.5% Weekly
- 12.0% Monthly
- 16.1% Annually

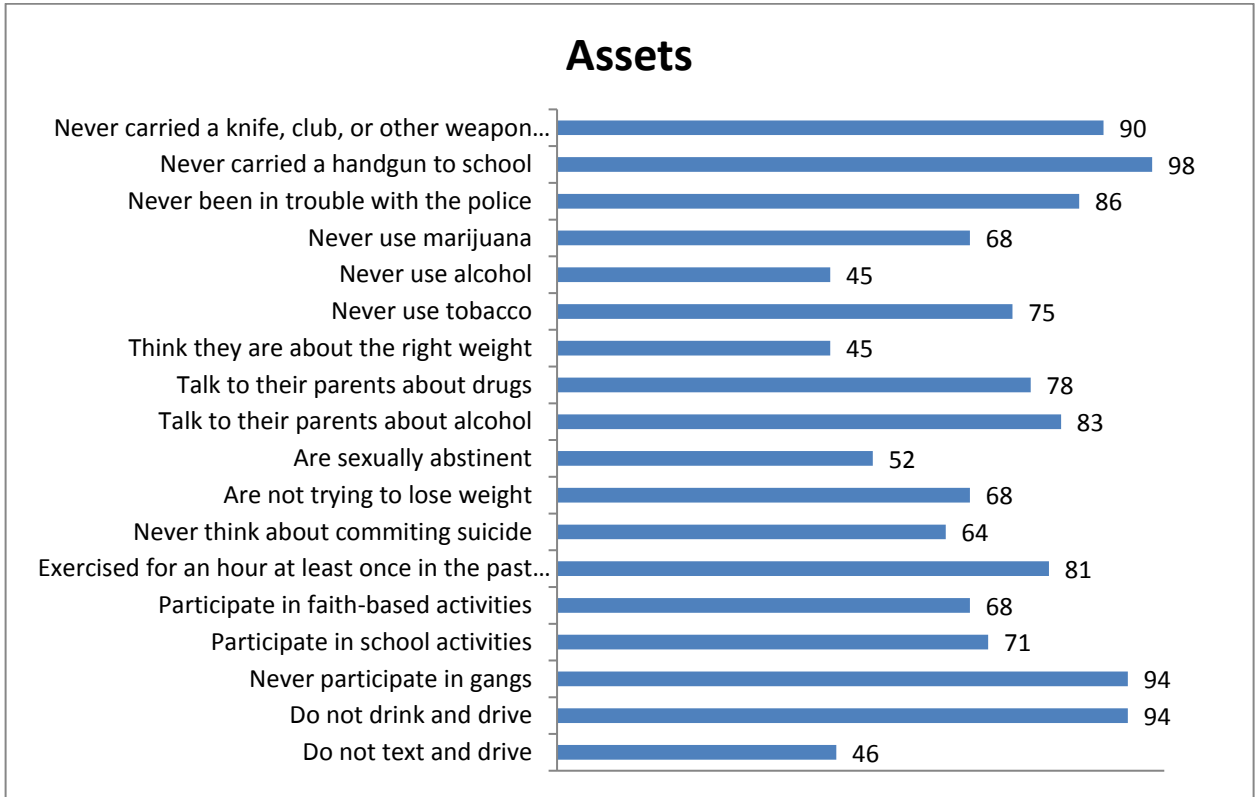
Marijuana Use

- 2.2% Daily
- 4.3% Weekly
- 6.3% Monthly
- 6.4% Annually

Dangerous Weight Loss

- 2.7% Vomit
- 1.9% Use Pills

Quick Facts on Our 12th Graders 2017



Risk Factors

Sexual Activity

Of sexually active 12th graders (48% of total)

- 63.3% Use condoms
- 11.4% Use no method
- 20.2% Use withdrawal
- 23.3% Use birth control pill
- 4.7% Use birth control shot

Tobacco Use

- 9.8% Daily
- 15.4% Weekly
- 20.6% Monthly
- 32.5% Annually

Alcohol Use

- 3.1% Daily
- 10.0% Weekly
- 21.1% Monthly
- 21.0% Annually

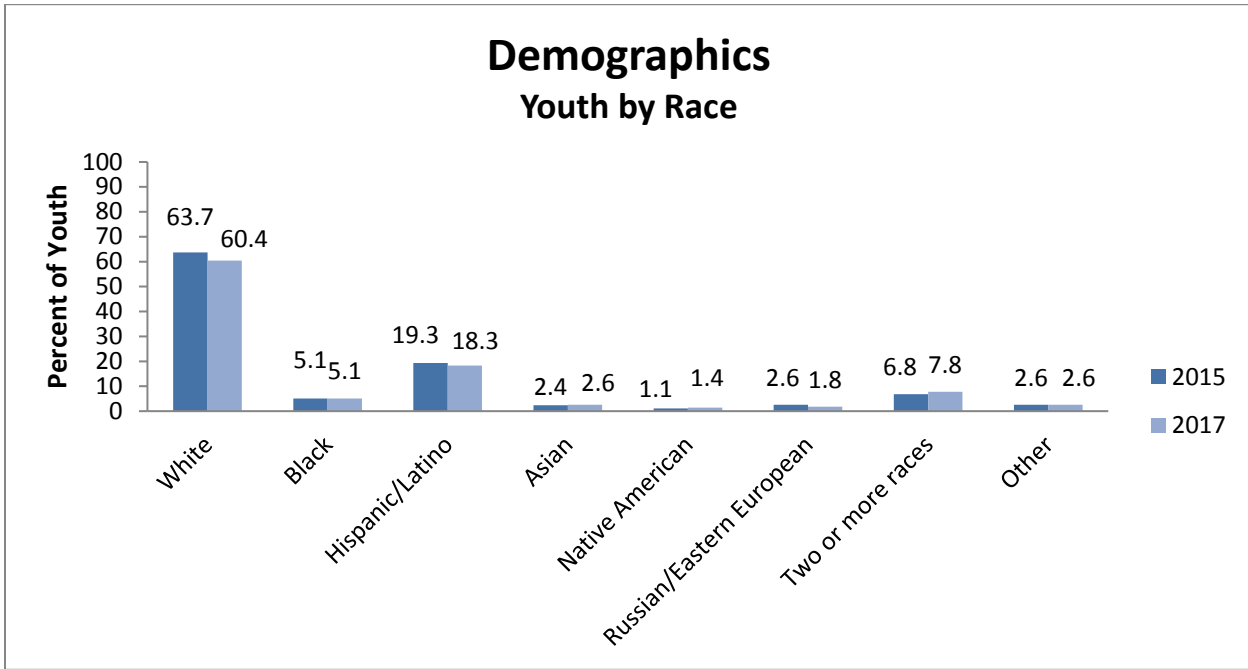
Marijuana Use

- 6.9% Daily
- 5.2% Weekly
- 8.2% Monthly
- 11.9% Annually

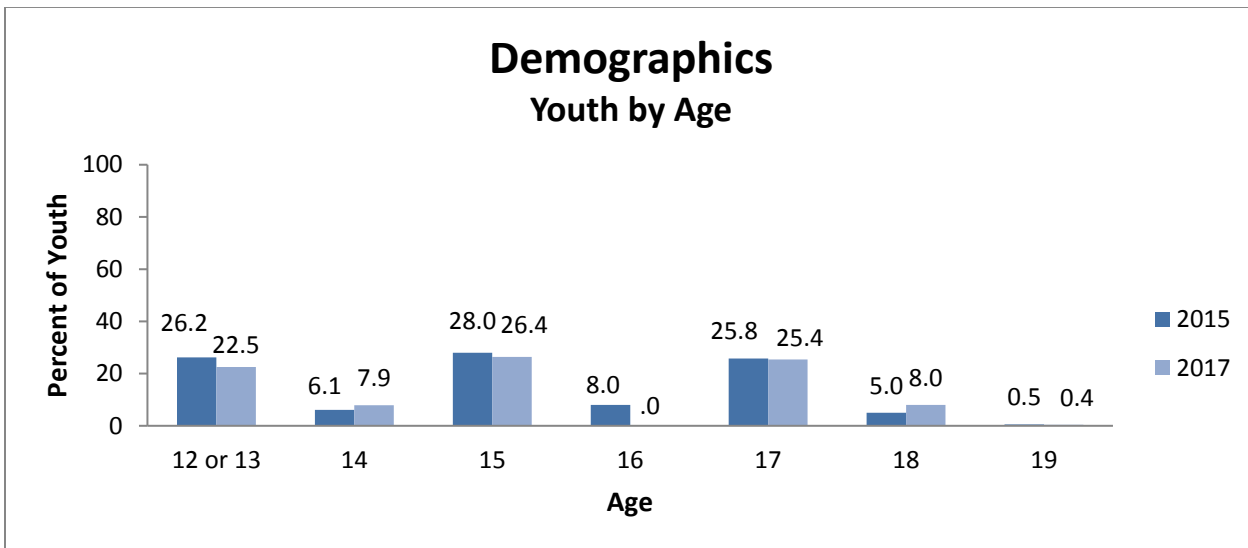
Dangerous Weight Loss

- 2.0% Vomit
- 0.4% Use Pills

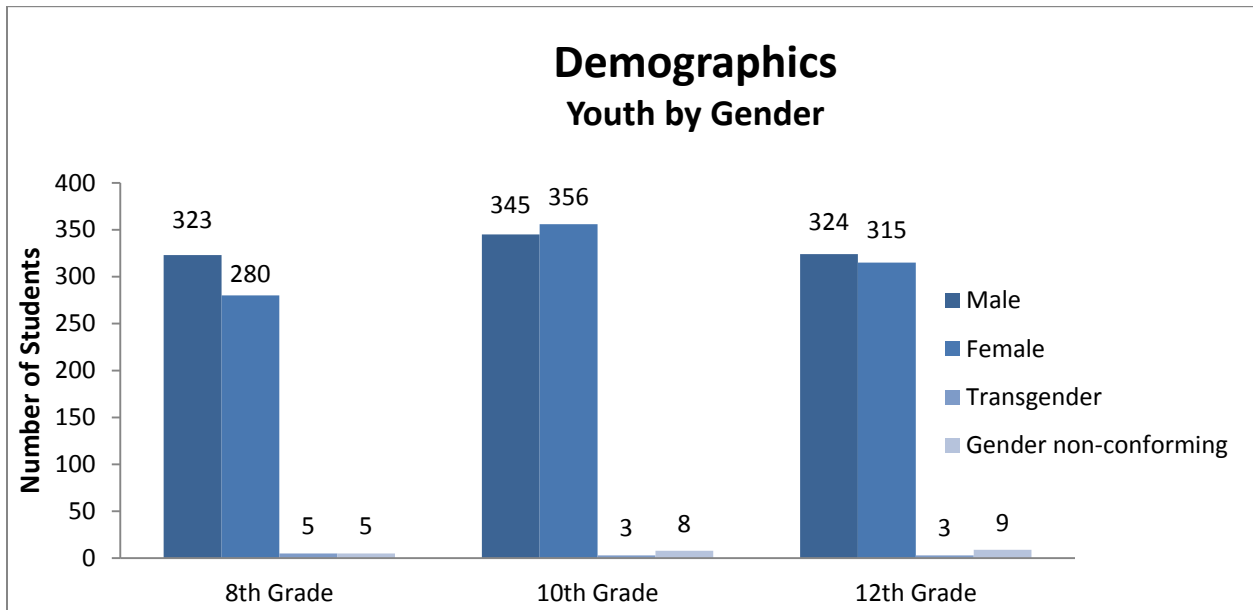
Demographics 2017



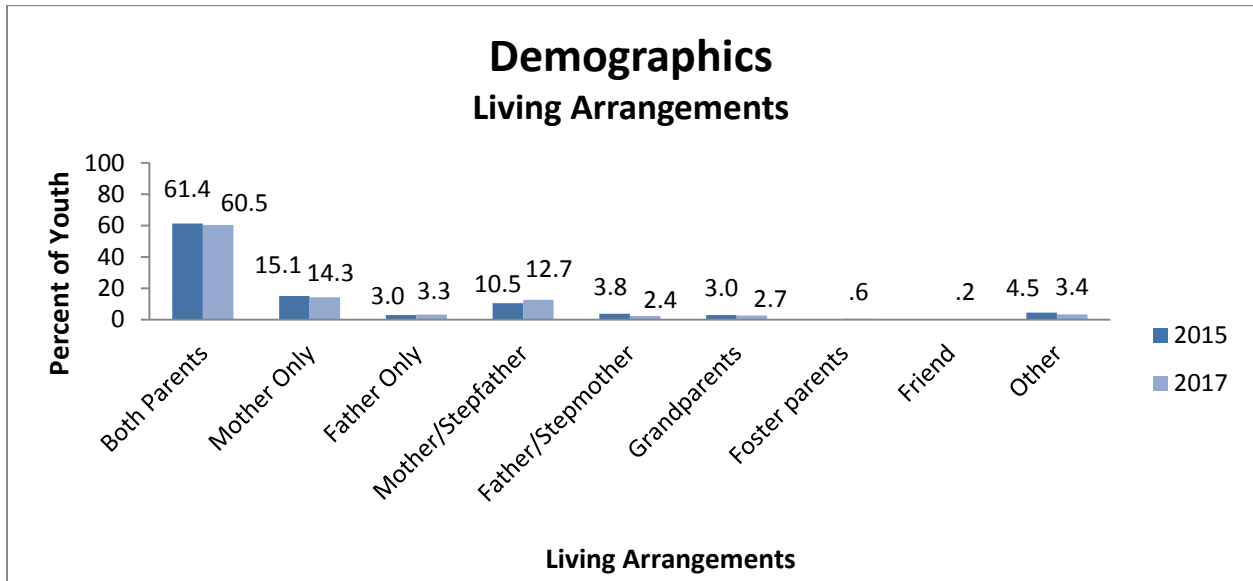
Source: Rockingham County/Harrisonburg Youth Survey



Source: Rockingham County/Harrisonburg Youth Survey



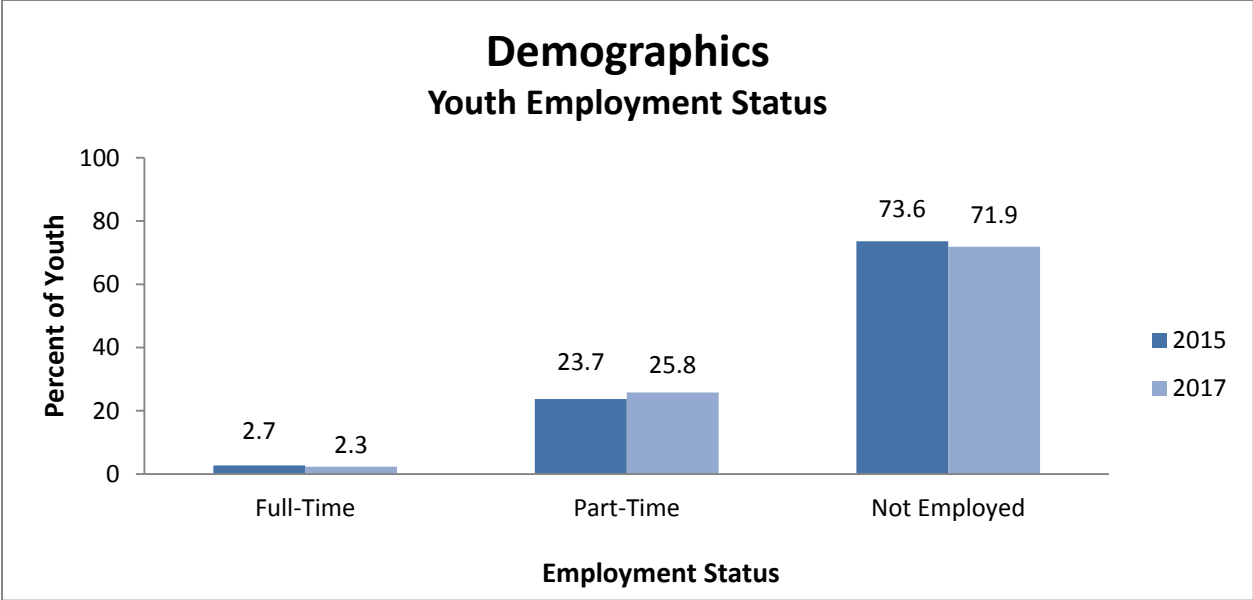
Source: Rockingham County/Harrisonburg Youth Survey



Source: Rockingham County/Harrisonburg Youth Survey

What the numbers and other information told us:

The majority of teens still live with both parents, and the number has decreased by 0.9% since 2015.

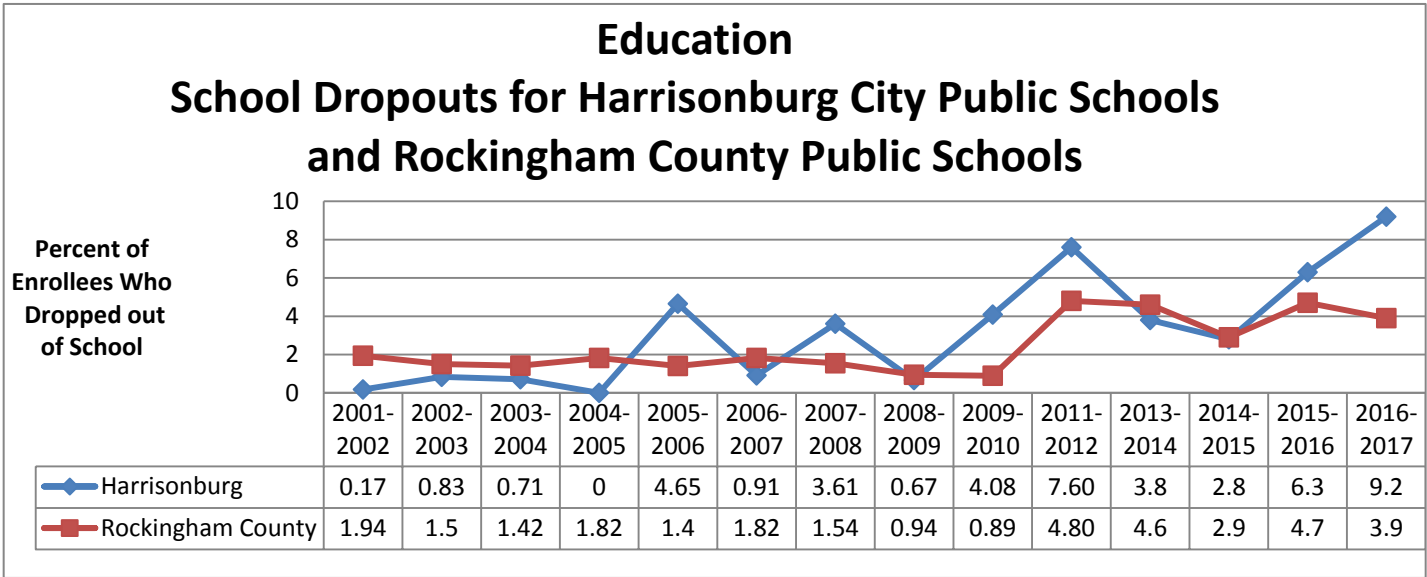


Source: Rockingham County/Harrisonburg Youth Survey

What the numbers and other information told us:

The majority of youth are not employed (71.9%), a 1.7% decrease from 2015. Additionally, 28.1% of youth are employed (full or part time).

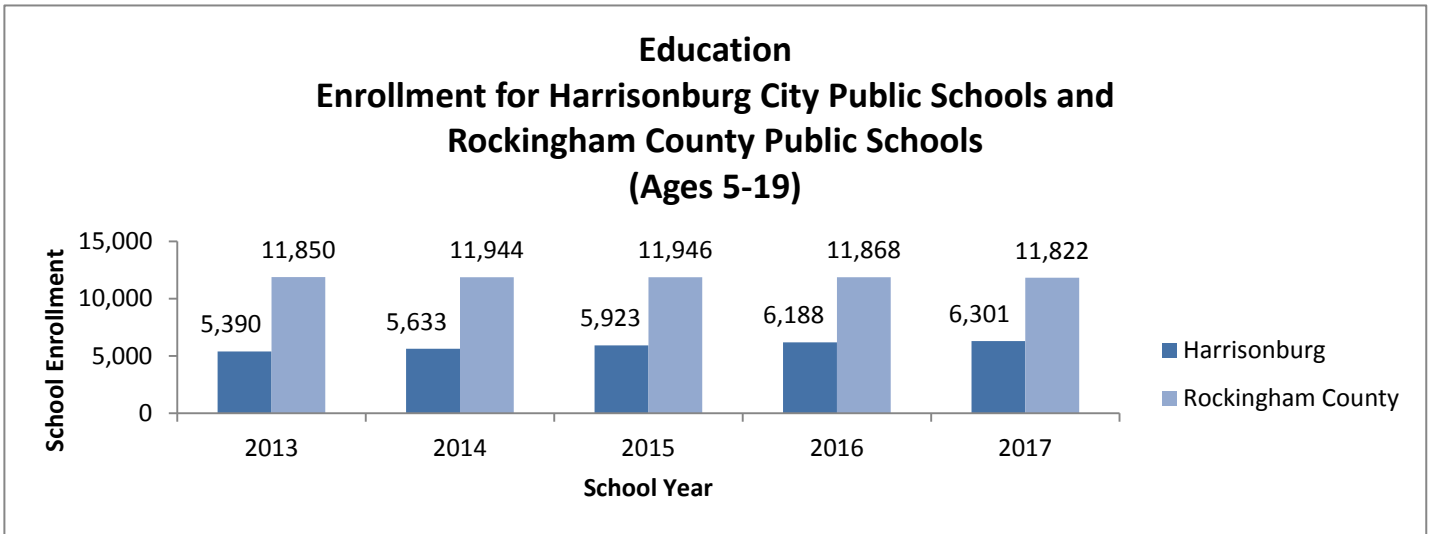
Education 2017



Source: Virginia Department of Education

What the numbers and other information told us:

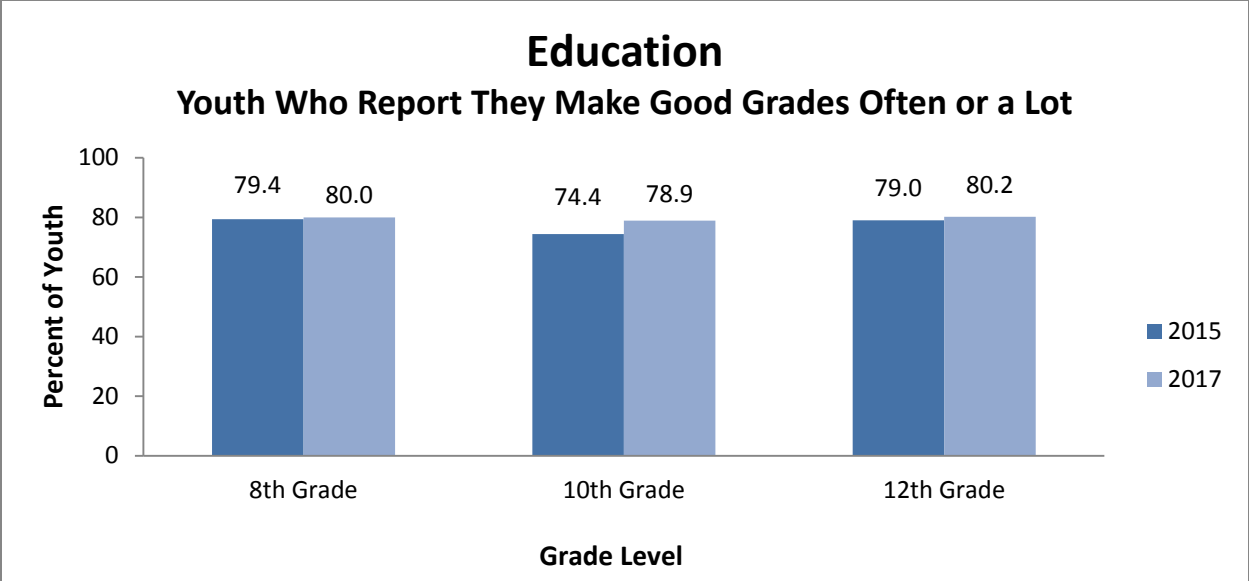
Harrisonburg’s 2017 dropout rate has tripled over the last two years, and Rockingham County’s dropout rate increased by 2% in 2016 and then decreased slightly in 2017.



Source: Virginia Department of Education

What the numbers and other information told us:

Since 2010 Rockingham County has maintained a fairly consistent number of students enrolled in public schools. Harrisonburg has seen a steady incline in enrollment since 2010.

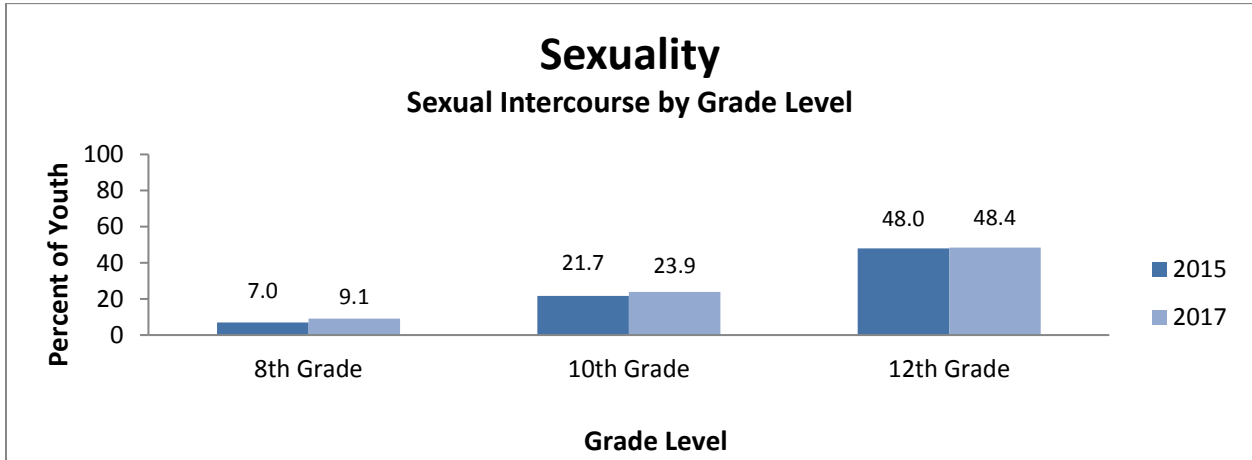


Source: Rockingham County/Harrisonburg Youth Survey

What the numbers and other information told us:

All grades levels showed an increase in the percentage of students who reported making good grades often or a lot.

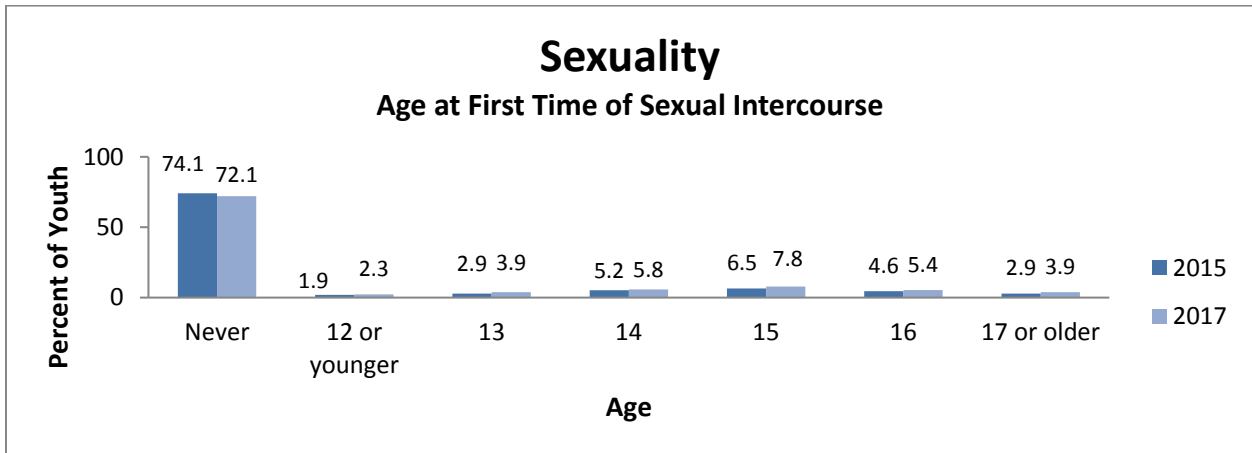
Sexuality 2017



Source: Rockingham County/Harrisonburg Youth Survey

What the numbers and other information told us:

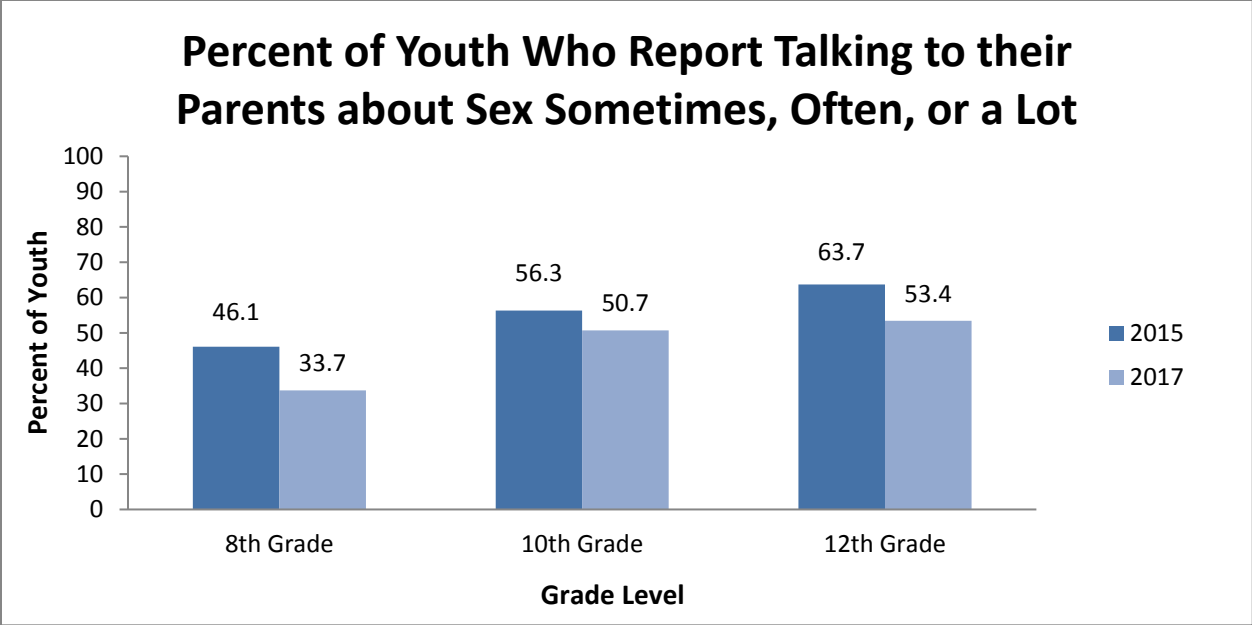
The number of 8th and 10th grade youth reporting having had sexual intercourse has increased approximately 2% since 2015. However, the percentage of 12th grade students reporting having had sexual intercourse has remained steady.



Source: Rockingham County/Harrisonburg Youth Survey

What the numbers and other information told us:

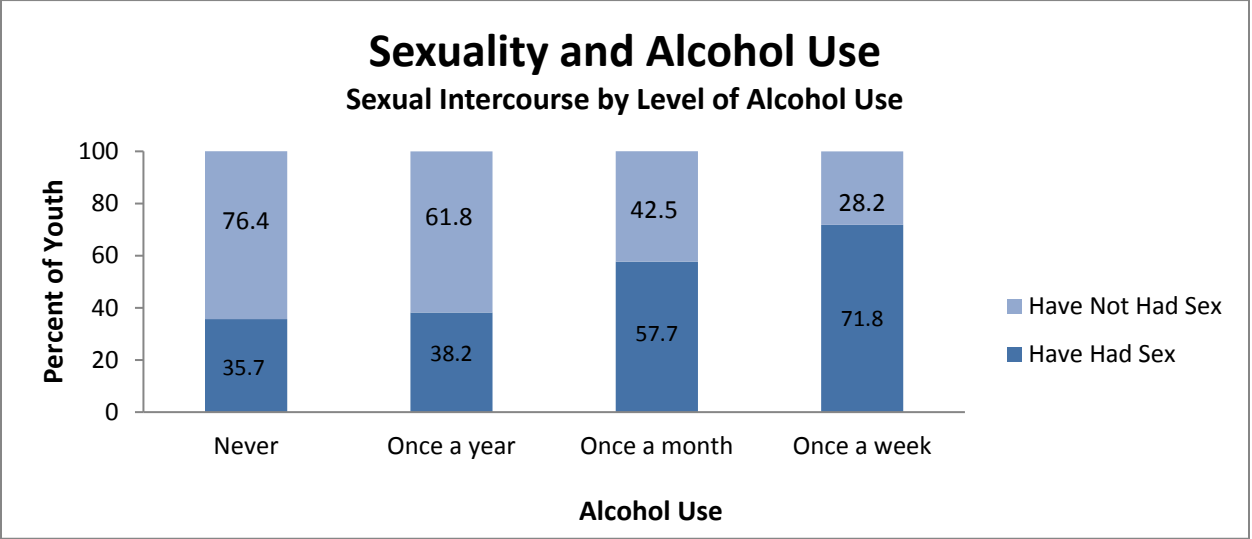
In 2017, 72% of teens say that they are sexually abstinent, which is a decrease of 2% since 2015.



Source: Rockingham County/Harrisonburg Youth Survey

What the numbers and other information told us:

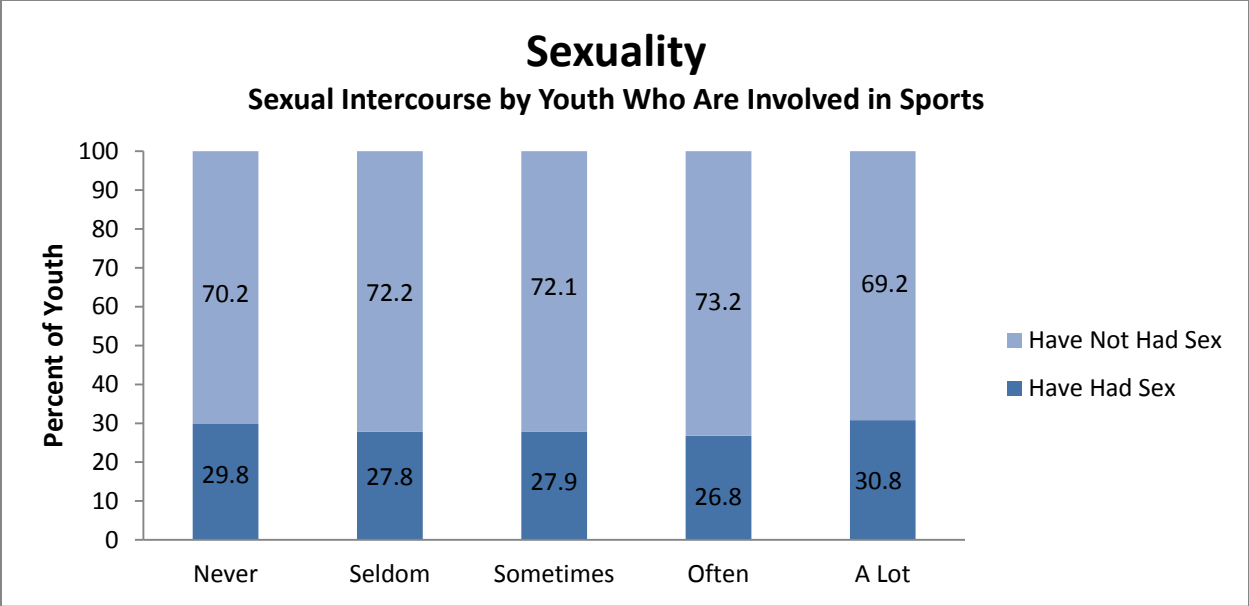
There is a steady increase across grades in the amount of youth that talk to their parents about sex, reaching 53.4% by the time they are in 12th grade. Of all youth surveyed, 46.4% report that they talk to their parents about this topic sometimes, often, or a lot.



Source: Rockingham County/Harrisonburg Youth Survey

What the numbers and other information told us:

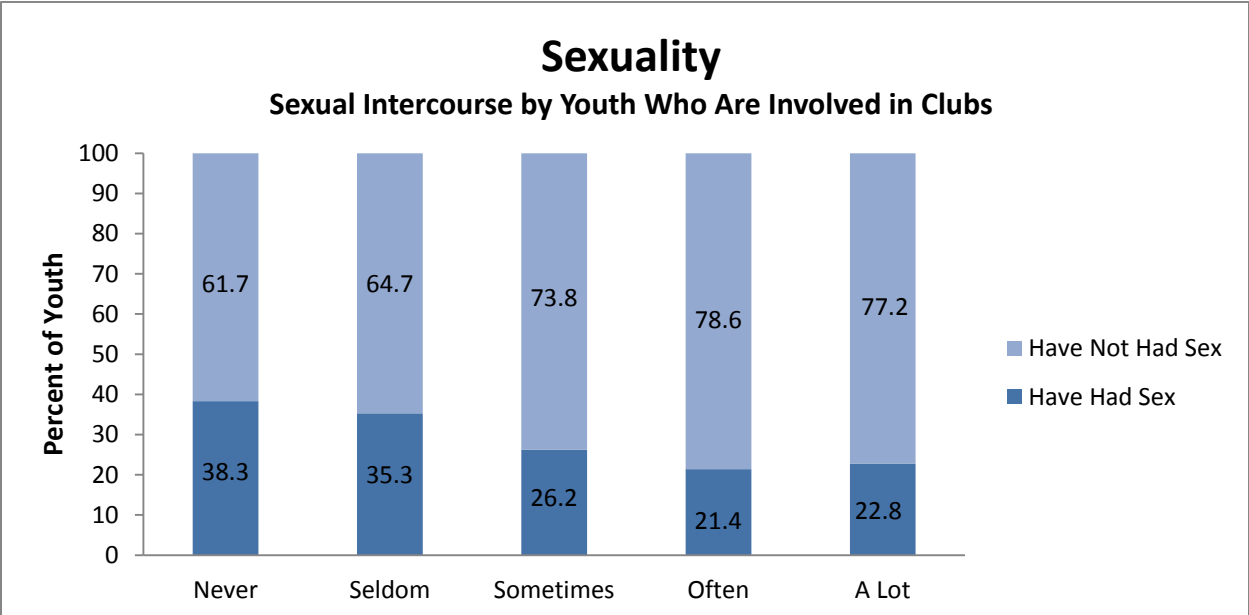
The portion of youth who are sexually active increases steadily as frequency of alcohol use increases. Of youth that do not use alcohol, 35.7% report having had intercourse. Additionally, of youth that use alcohol once a week, 71.8% report having had intercourse.



Source: Rockingham County/Harrisonburg Youth Survey

What the numbers and other information told us:

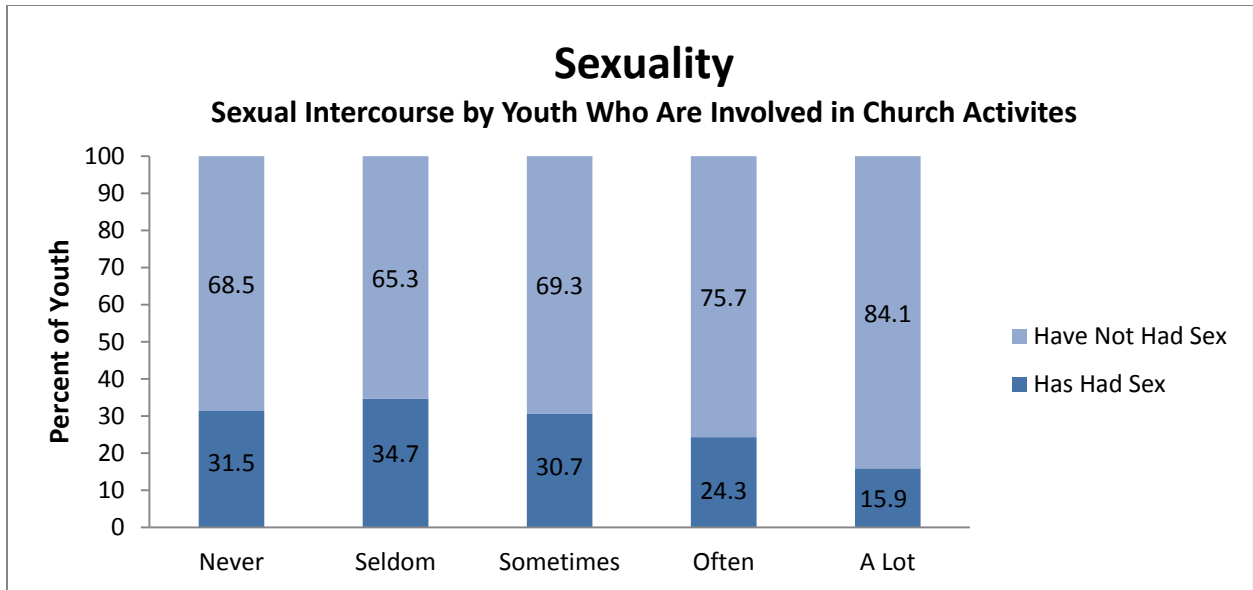
Of youth who are never involved in sports, there is a higher proportion (29.8%) that are sexually active than those that are involved in sports often (26.8%). However, this number increases for those who report being involved in sports a lot.



Source: Rockingham County/Harrisonburg Youth Survey

What the numbers and other information told us:

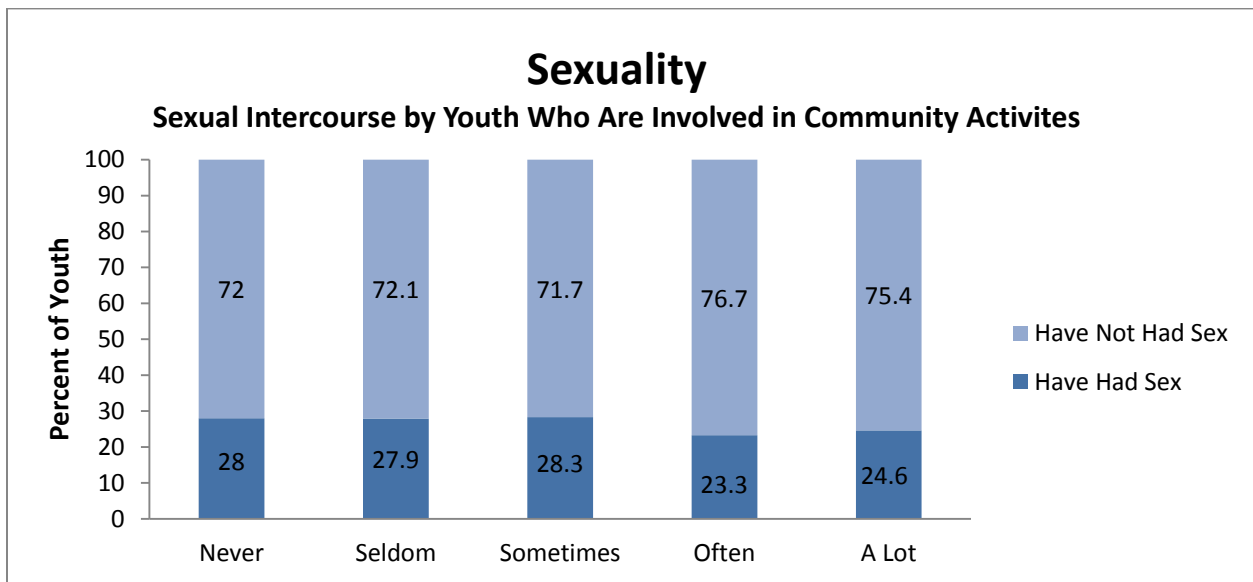
The proportion of sexually active youth who are never involved in clubs is over 15% higher than that of those that are involved in clubs a lot.



Source: Rockingham County/Harrisonburg Youth Survey

What the numbers and other information told us:

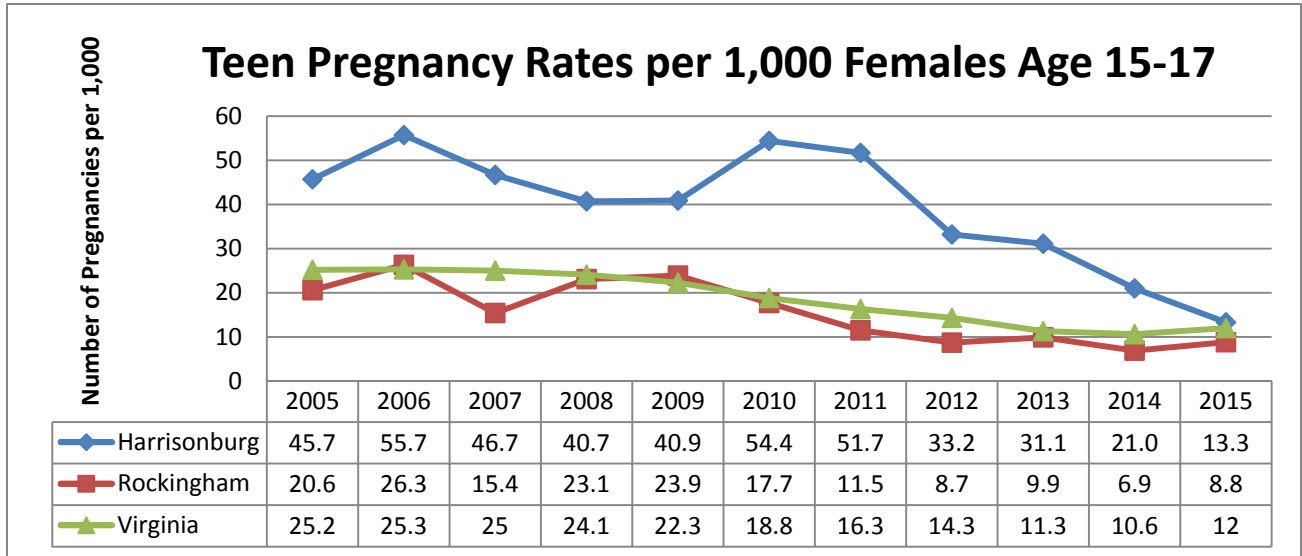
Of youth who are never involved in church activities, there is a higher proportion (31.5%) that are sexually active than those that are involved in church activities a lot (15.9%).



Source: Rockingham County/Harrisonburg Youth Survey

What the numbers and other information told us:

The proportion of sexually active youth who are never involved in community activities is 3.6% higher than that of those that are involved in community activities a lot.

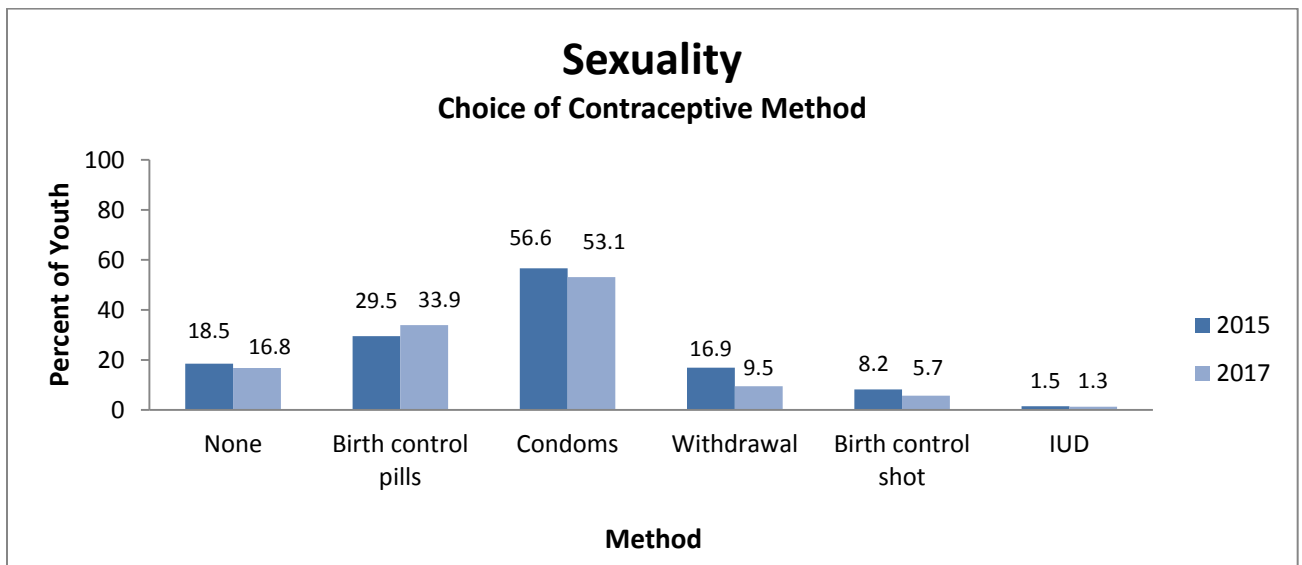


Source: Virginia Center for Health Statistics

What the numbers and other information told us:

In 2015 (the most recent year available at the time of this report), the rate of teen pregnancy among females age 15-17 in Harrisonburg (13.3 per 1,000) was slightly more than the teen pregnancy rate among females age 15-17 in Virginia (12.0 per 1,000). However, this was a 7.7-point decrease from the Harrisonburg rate in 2014 (21.0).

There was a decrease in this rate in Rockingham County beginning in 2009, and 2014 saw a 3-point decrease in this area. However, a 2-point increase occurred between 2014 and 2015.

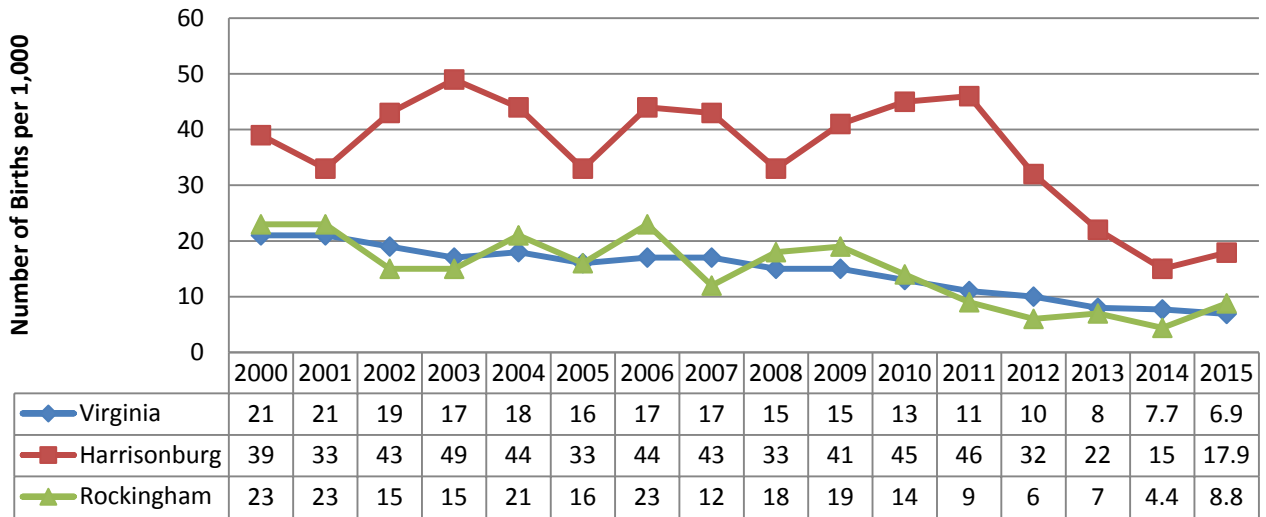


Source: Rockingham County/Harrisonburg Youth Survey

What the numbers and other information told us:

In 2017, 16.8% of teens who are sexually active say that they do not use any form of protection, which is a decrease from 2015. There was also a 7% decrease in the portion of youth who used withdrawal as a contraception method.

Births to Teen Girls per 1,000 (Ages 15-17)

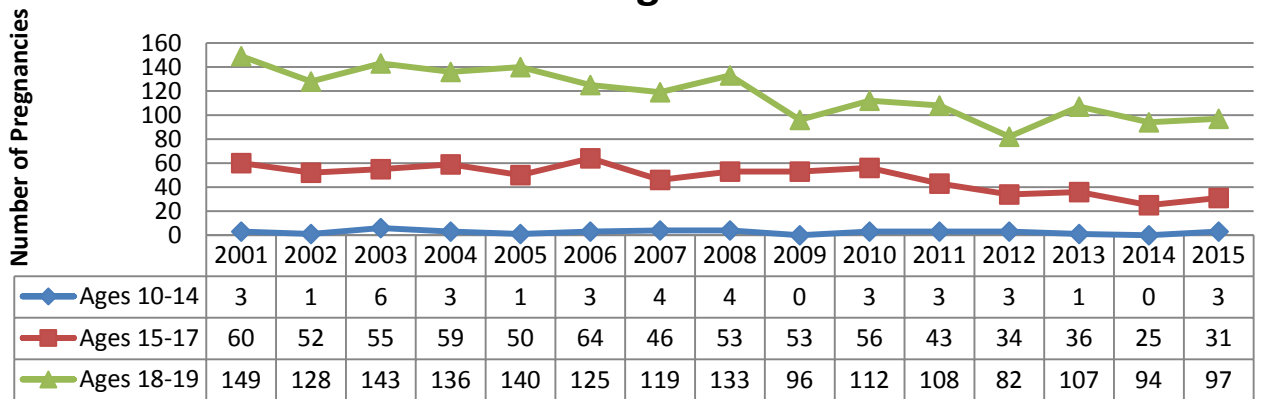


Source: Virginia Center for Health Statistics

What the numbers and other information told us:

In 2015, the rate of births to teen girls age 15-17 in Harrisonburg (17.9 per 1,000) was more than double the birth rate among teen girls age 15-17 in Virginia (6.9 per 1,000). The 2015 rate is also a 2.9 increase from 2014. The Rockingham County live birth rate among teen girls doubled from 2014 to 2015 (4.4 to 8.8).

Number of Teen Pregnancies in Harrisonburg & Rockingham

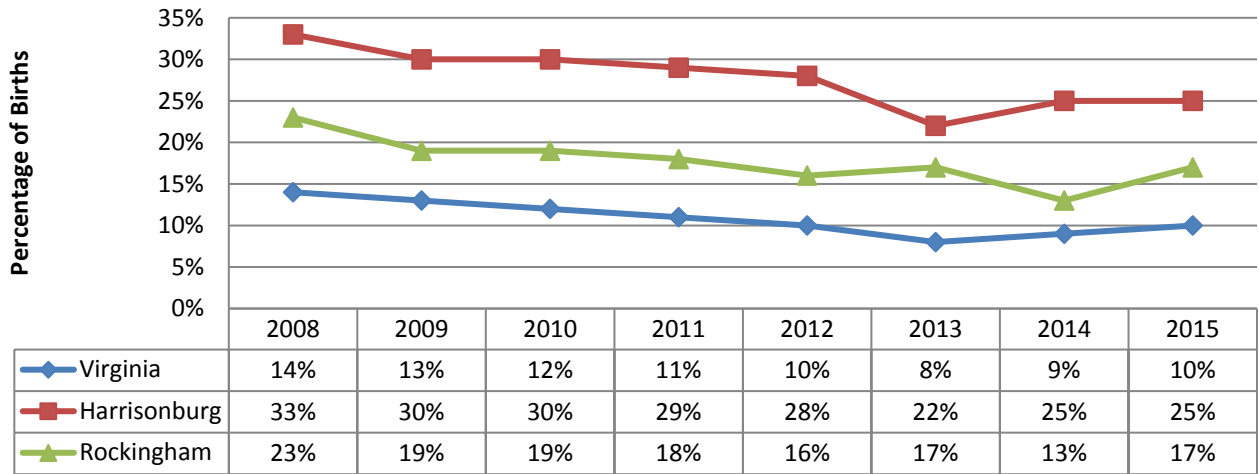


Source: Virginia Center for Health Statistics

What the numbers and other information told us:

Harrisonburg and Rockingham County experienced an increase in teen pregnancies in all age groups between 2014 and 2015.

Births to Mothers with Less than 12th Grade Education

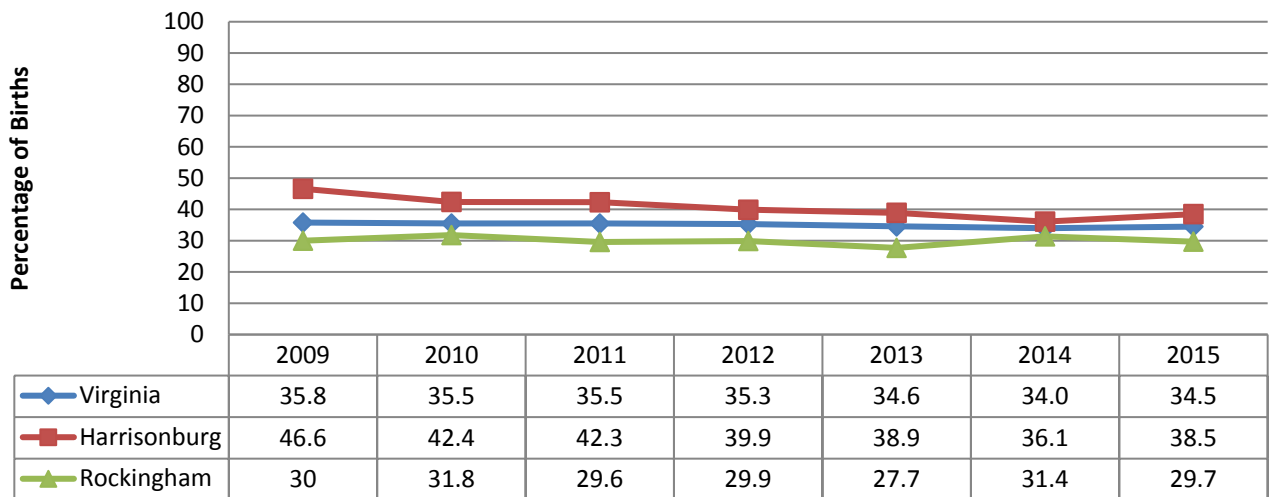


Source: Kids Count Data Center, Annie E. Casey Foundation

What the numbers and other information told us:

In 2015, the percentage of births to mothers with less than 12th grade education in Harrisonburg (25%) was 2.5 times the percentage for Virginia. The same statistic in Rockingham County is 7% higher than the percentage for the state of Virginia.

Non-Marital Births per 1,000

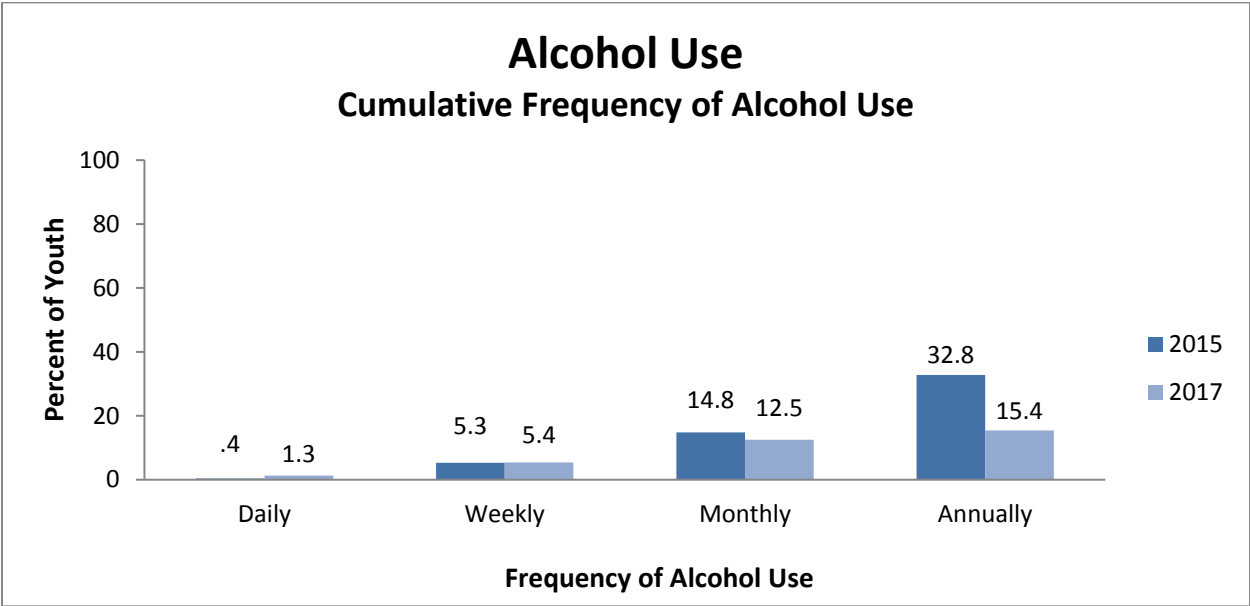


Source: Virginia Center for Health Statistics

What the numbers and other information told us:

The non-marital birth rate in Harrisonburg has consistently been above the non-marital birth rate of Virginia since 2004. Note: the figures provided for non-marital births should not be used as a proxy for unplanned pregnancies.

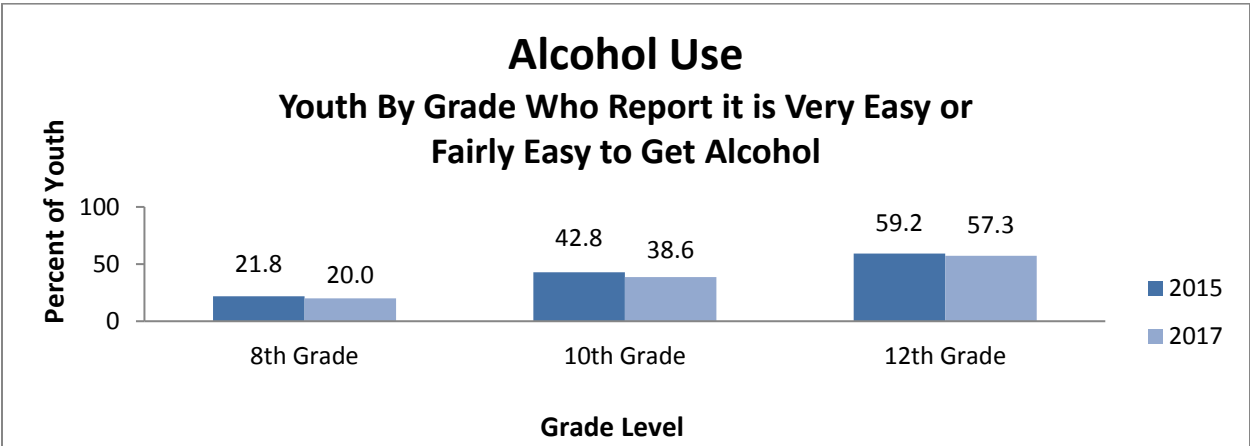
Alcohol Use 2017



Source: Rockingham County/Harrisonburg Youth Survey

What the numbers and other information told us:

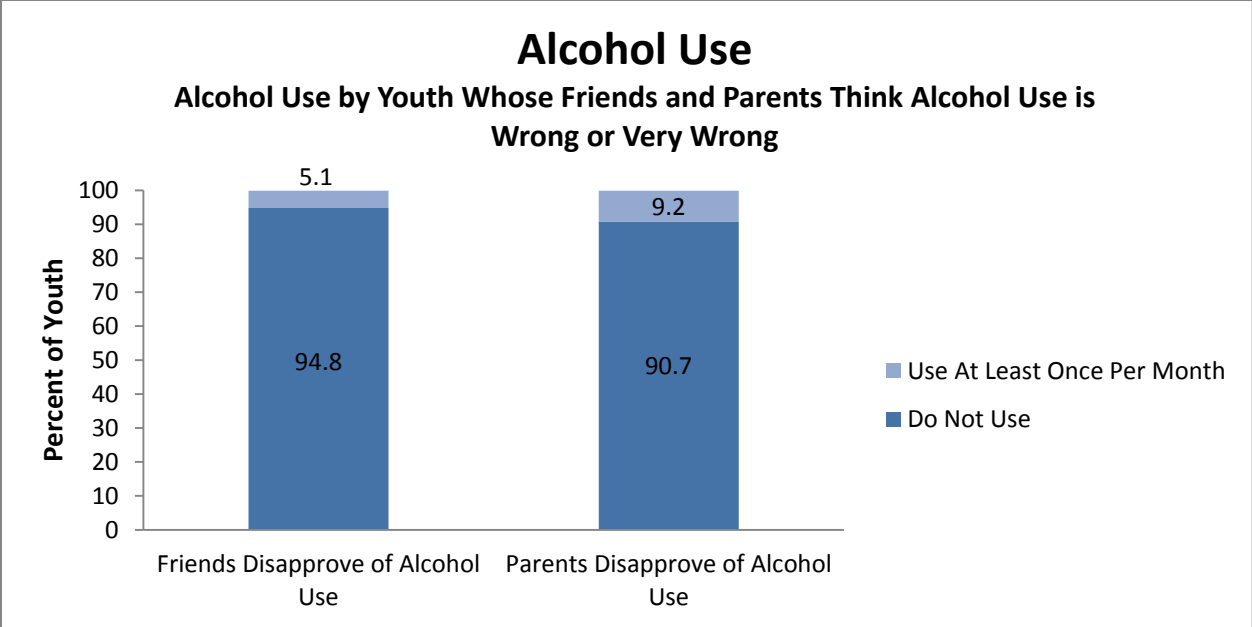
In 2017, we saw a slight increase in the daily use of alcohol compared to 2015, but we continue to see a drop in weekly, monthly and annual use of alcohol.



Source: Rockingham County/Harrisonburg Youth Survey

What the numbers and other information told us:

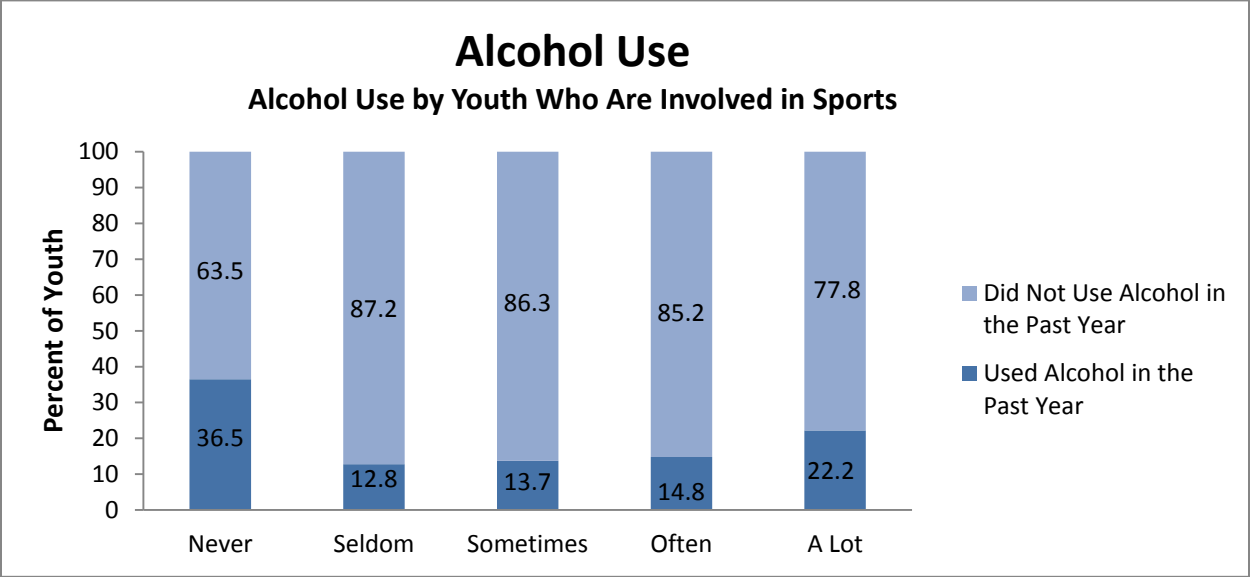
The number of youth reporting that it is very easy or fairly easy to get alcohol decreased by more than 4% in 10th graders and approximately 2% in 8th and 12th graders.



Source: Rockingham County/Harrisonburg Youth Survey

What the numbers and other information told us:

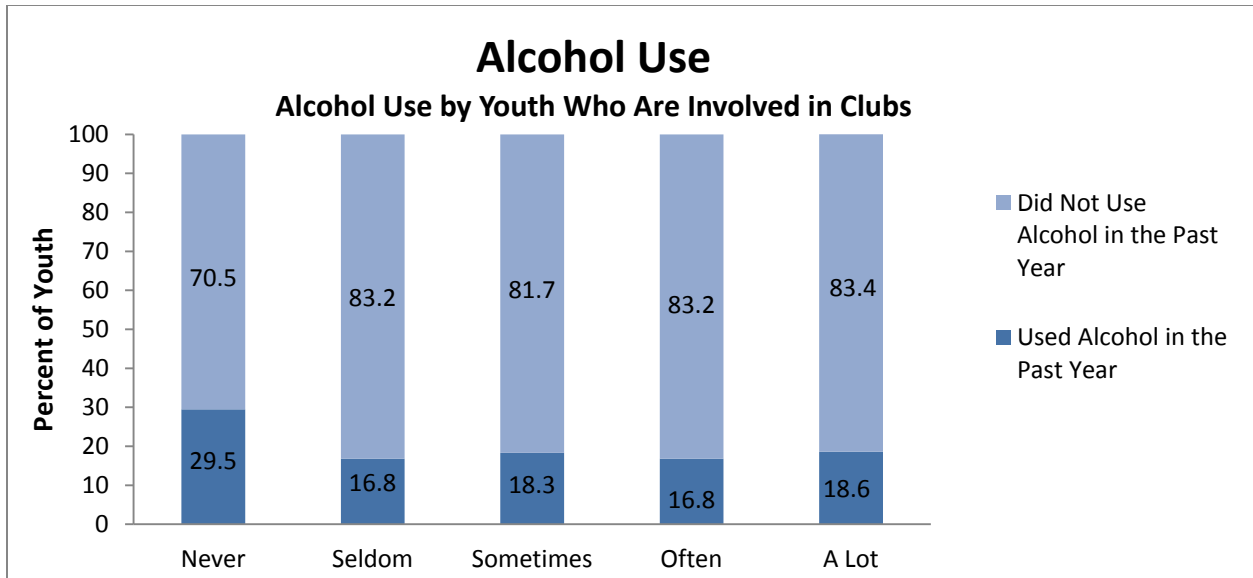
Only 5.1% of students whose friends disapprove of alcohol use drink at least once per month. Similarly, only 9.2% of youth whose parents disapprove of alcohol use drink at least once per month. These number have remained steady since 2015.



Source: Rockingham County/Harrisonburg Youth Survey

What the numbers and other information told us:

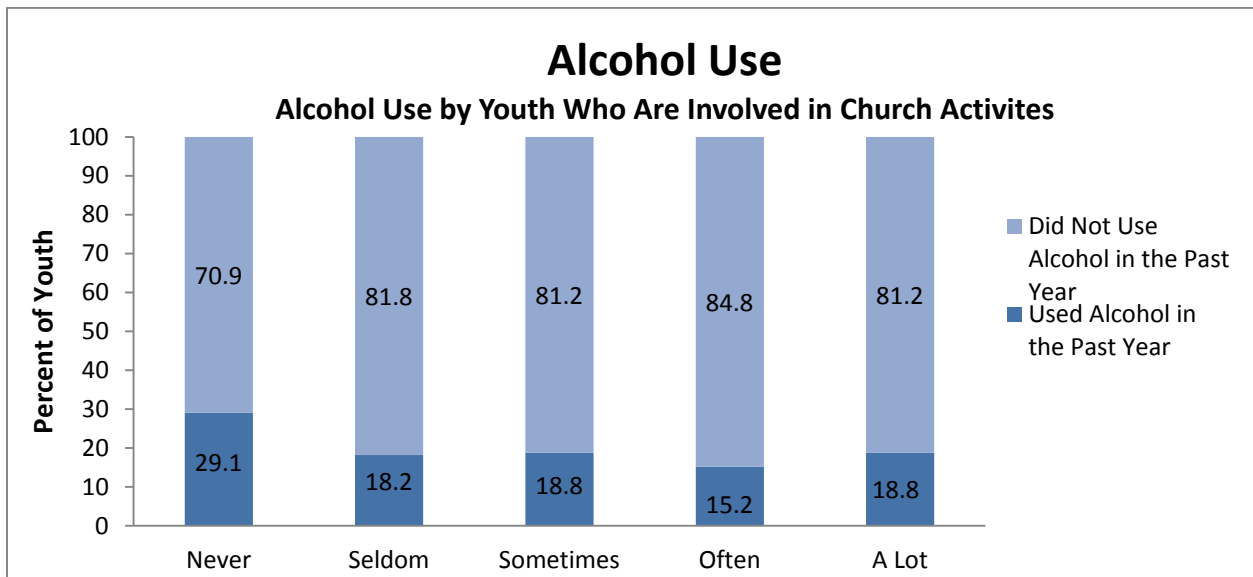
A lower proportion of youth (14.8% and 22.2%) who are involved in sports often and a lot used alcohol than those that are never involved in sports (36.5%).



Source: Rockingham County/Harrisonburg Youth Survey

What the numbers and other information told us:

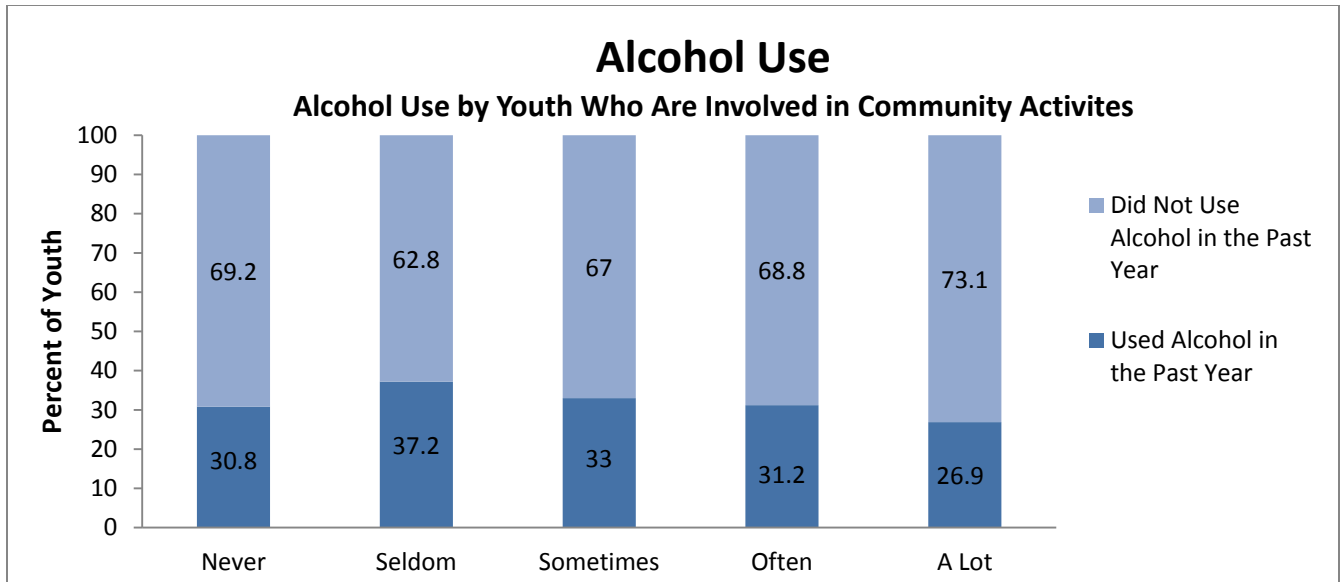
Youth who are never involved in clubs report a higher rate of alcohol use (29.5%) than those that are involved in clubs.



Source: Rockingham County/Harrisonburg Youth Survey

What the numbers and other information told us:

Of youth who participate in church activities a lot, only 18.8% have used alcohol in the past year. This is over 10% less than the portion of youth (29.1%) who never participate in church activities and have used alcohol in the past year.

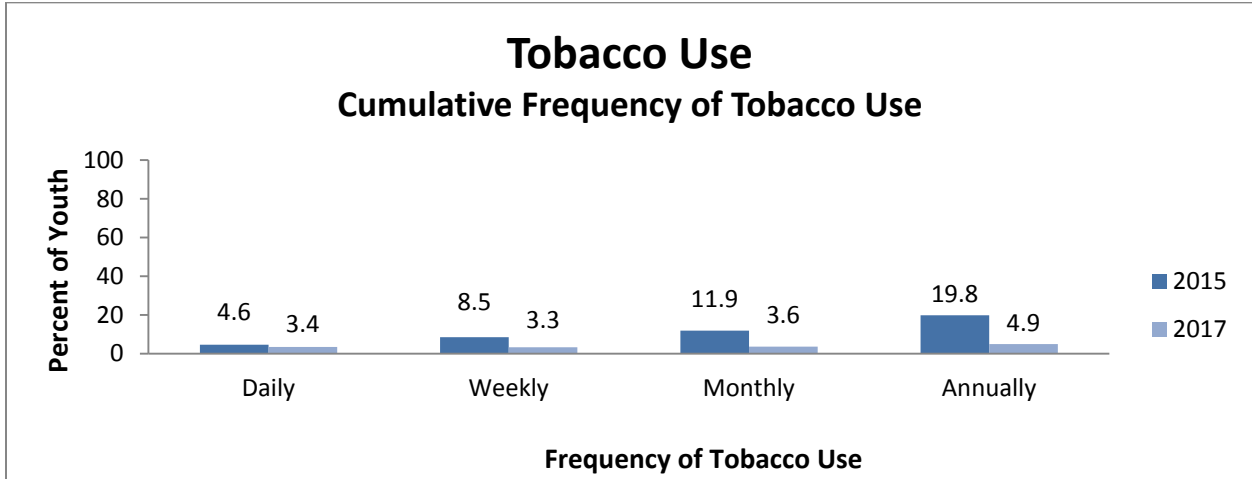


Source: Rockingham County/Harrisonburg Youth Survey

What the numbers and other information told us:

Of youth who are never involved in community activities, there is a higher proportion (30.8%) that used alcohol in the past year than those that are involved in community activities a lot (26.9%).

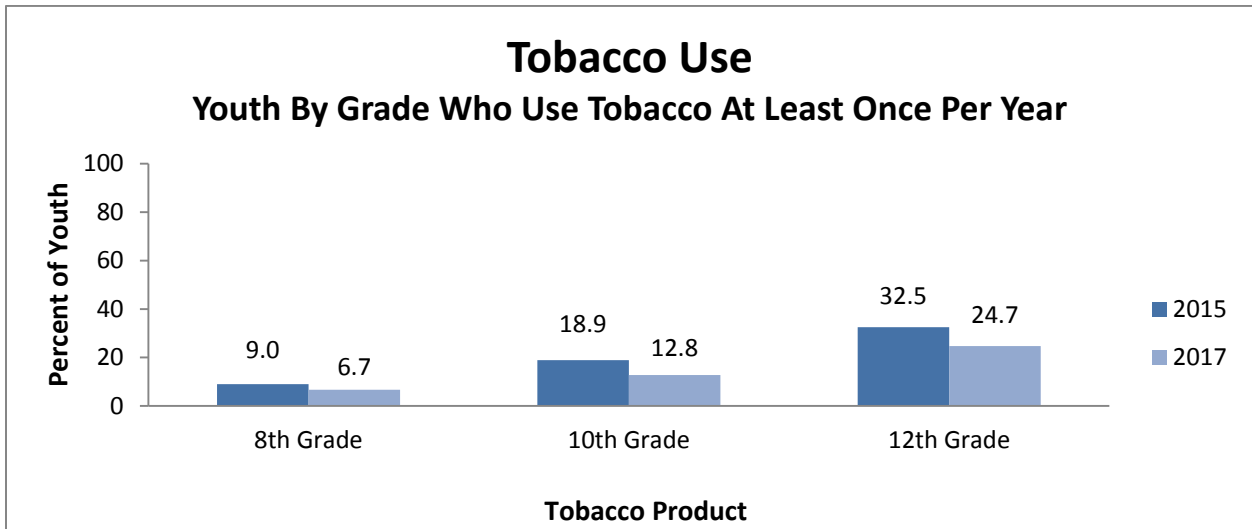
Tobacco Use 2017



Source: Rockingham County/Harrisonburg Youth Survey

What the numbers and other information told us:

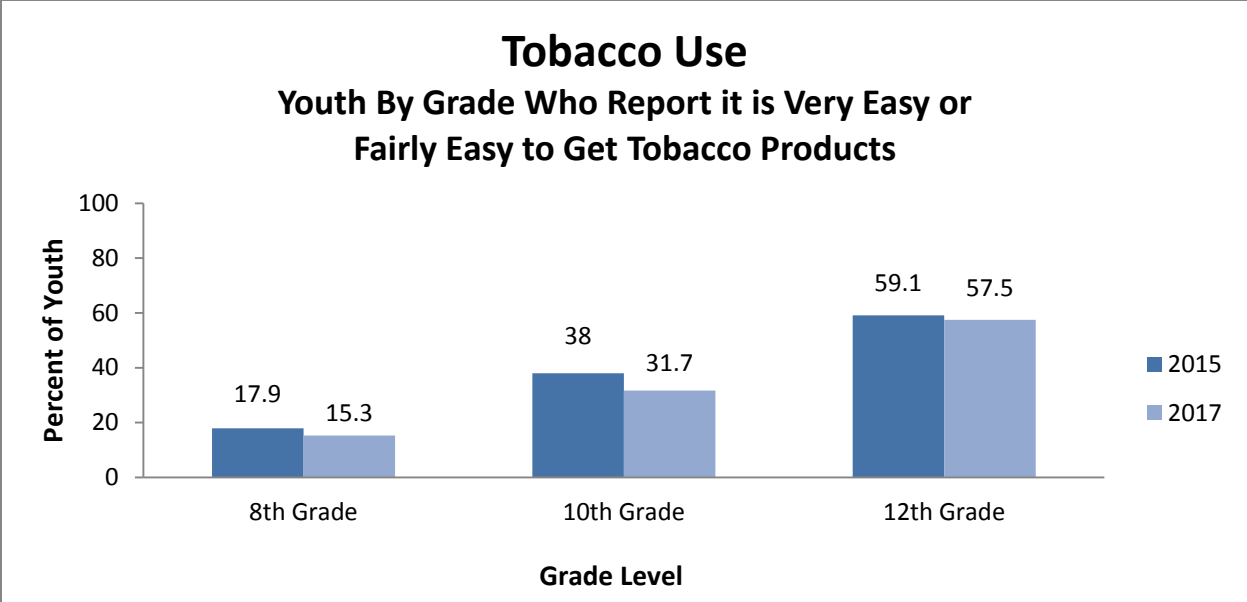
There has been a decrease in the overall use of tobacco in all grades from 2015, with the largest decrease (14.9%) occurring in annual use.



Source: Rockingham County/Harrisonburg Youth Survey

What the numbers and other information told us:

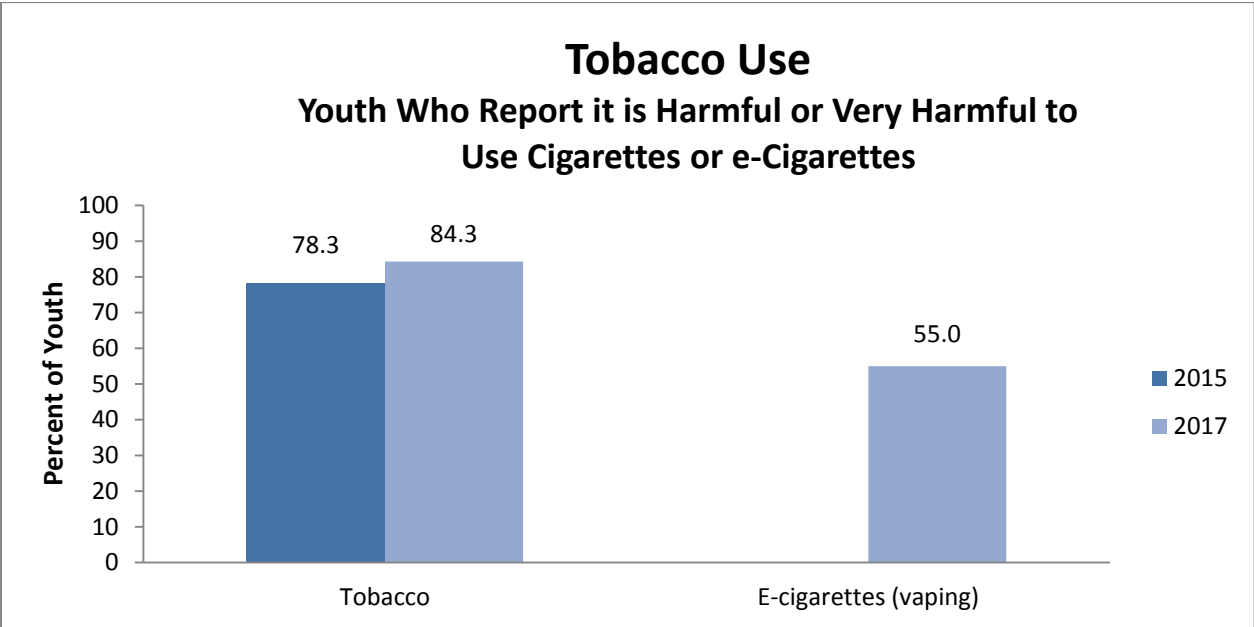
All grades have seen a marked decrease in the use of tobacco annually since 2015.



Source: Rockingham County/Harrisonburg Youth Survey

What the numbers and other information told us:

The ease of access to all types of tobacco products has decreased among all grades.

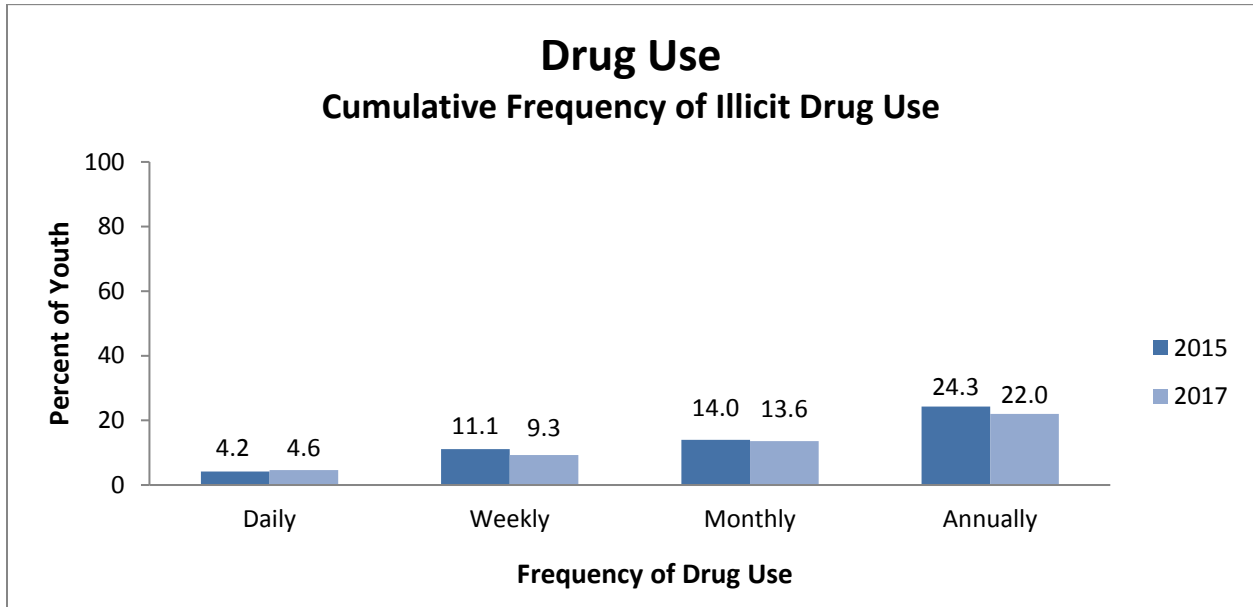


Source: Rockingham County/Harrisonburg Youth Survey

What the numbers and other information told us:

Overall, 84.3% of youth feel that tobacco use is harmful or very harmful – an increase of 6% since 2015. However, a new question on the 2017 survey revealed that only 55% of youth feel that using e-cigarettes is harmful or very harmful.

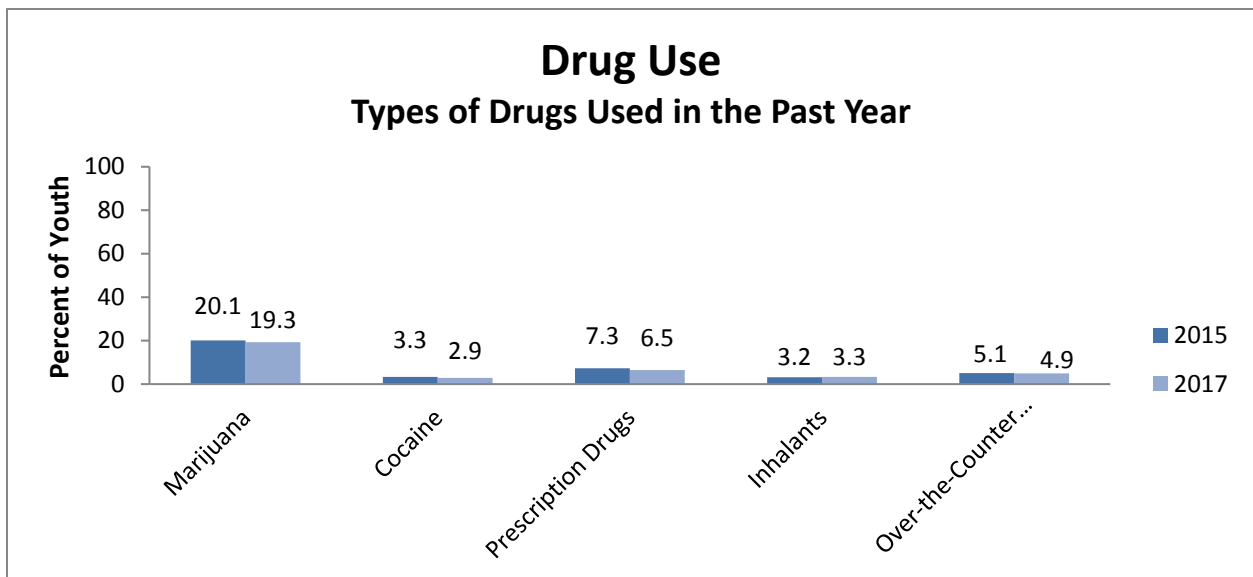
Drug Use 2017



Source: Rockingham County/Harrisonburg Youth Survey

What the numbers and other information told us:

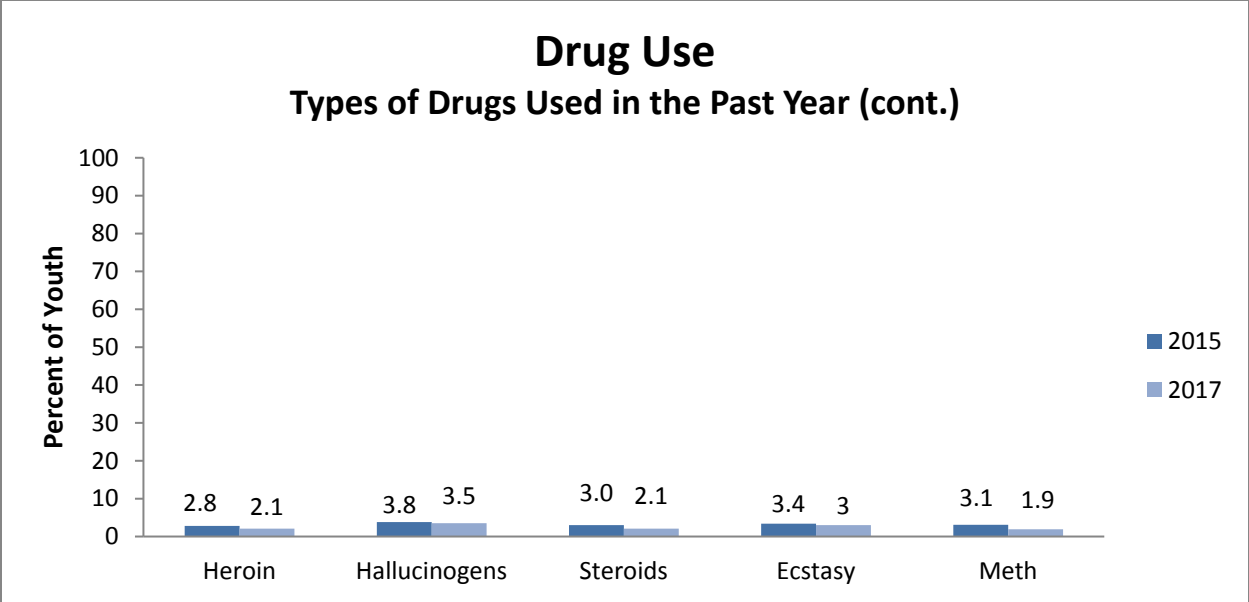
With the exception of daily use, there were decreases in the frequency of drug use since 2015.



Source: Rockingham County/Harrisonburg Youth Survey

What the numbers and other information told us:

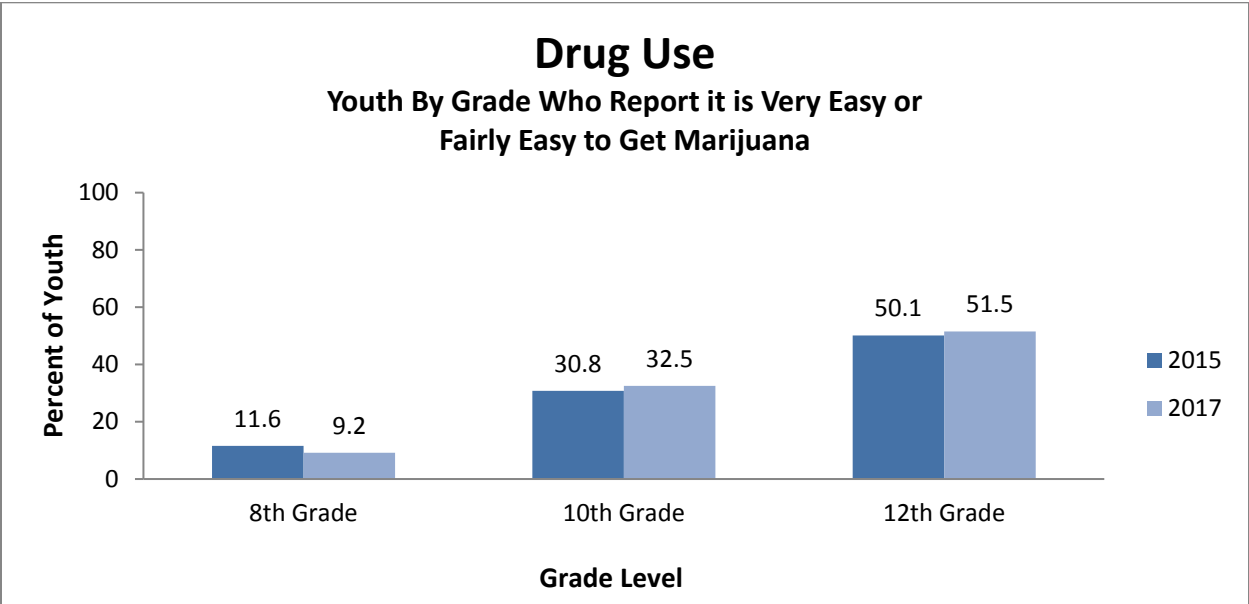
Marijuana remained the most used drug and its usage decreased slightly from 2015. With the exception of inhalants, drug use has decreased since 2015.



Source: Rockingham County/Harrisonburg Youth Survey

What the numbers and other information told us:

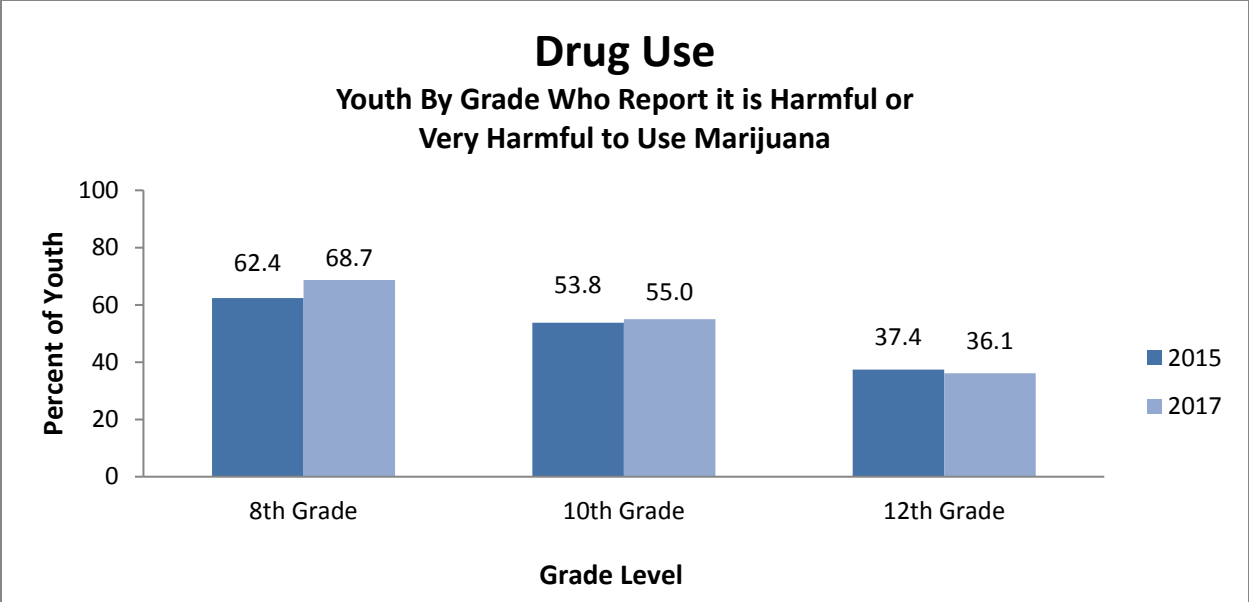
With the exception of inhalants (shown in the previous graph), drug use has decreased since 2015.



Source: Rockingham County/Harrisonburg Youth Survey

What the numbers and other information told us:

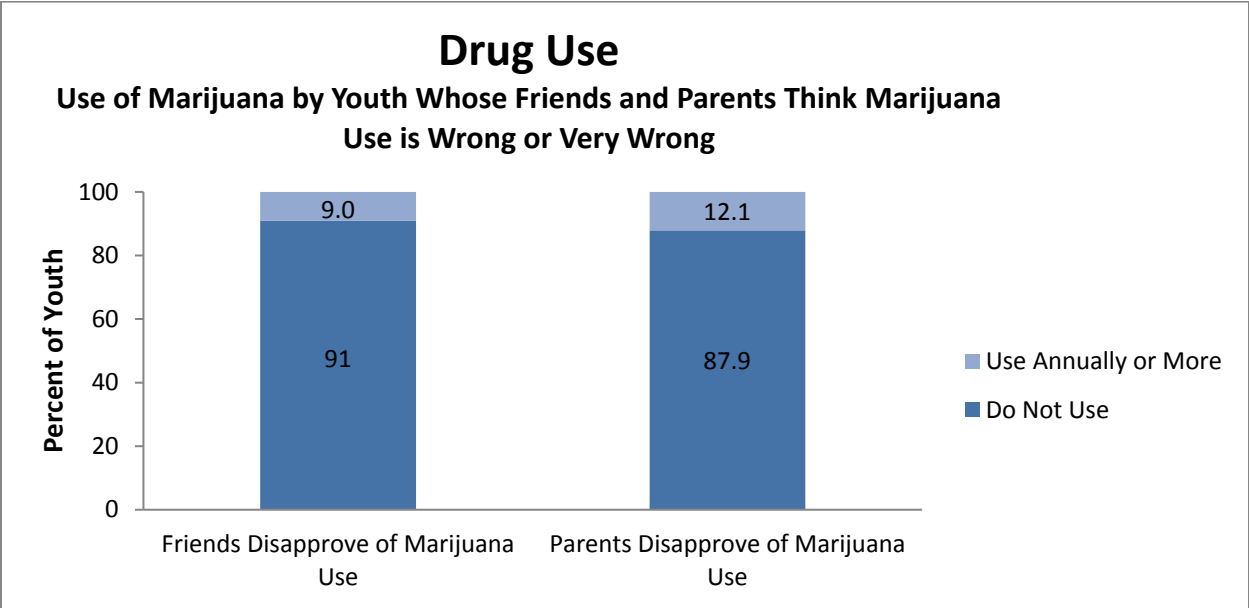
There has been a slight increase in the number of 10th and 12th grade students reporting that it is very easy or fairly easy to get marijuana. However, there has been a 2.4% decrease in the number of 8th graders reporting similarly.



Source: Rockingham County/Harrisonburg Youth Survey

What the numbers and other information told us:

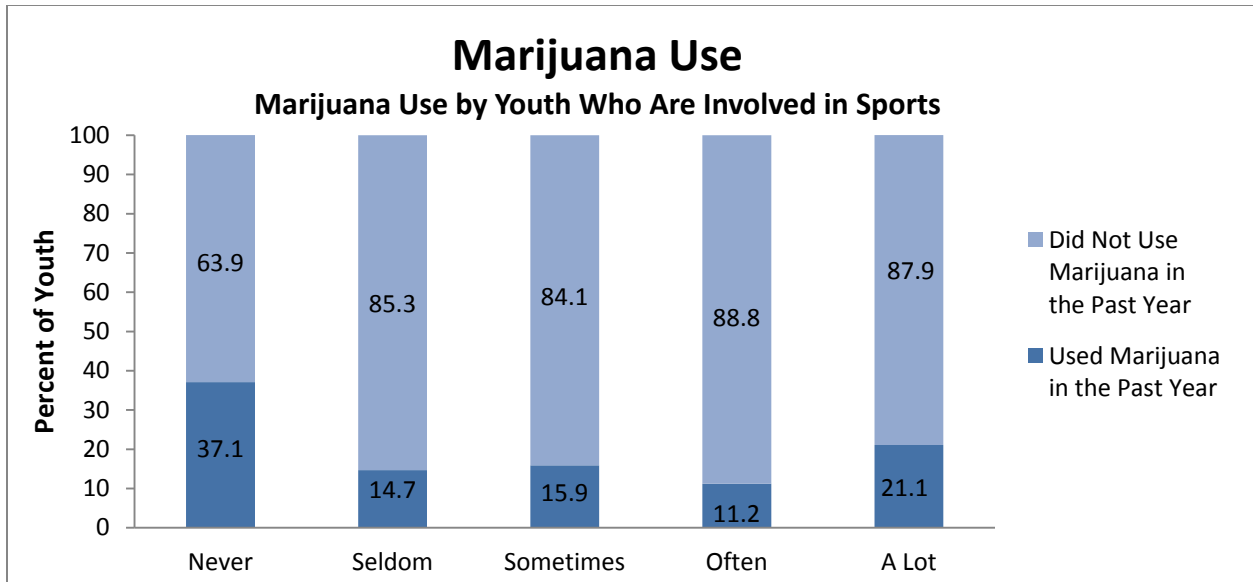
There was an increase in the percentage of students in grades 8th and 10th who view marijuana as harmful or very harmful. Overall, 27.5% of youth feel that using marijuana is very harmful to their health.



Source: Rockingham County/Harrisonburg Youth Survey

What the numbers and other information told us:

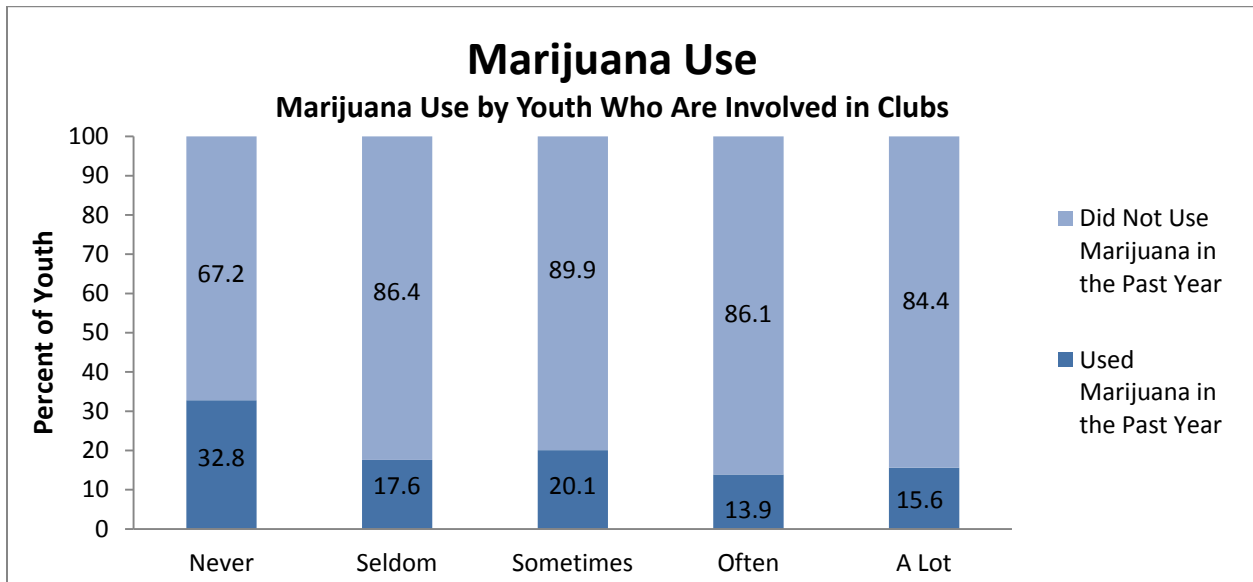
Of youth whose friends disapprove of marijuana use, only 9% used the drug in the past year. Similarly, of youth whose parents disapprove of marijuana use, only 12.1% used the drug in the past year. These numbers compare to the overall portion of youth who have used marijuana in the past year: 19.6%.



Source: Rockingham County/Harrisonburg Youth Survey

What the numbers and other information told us:

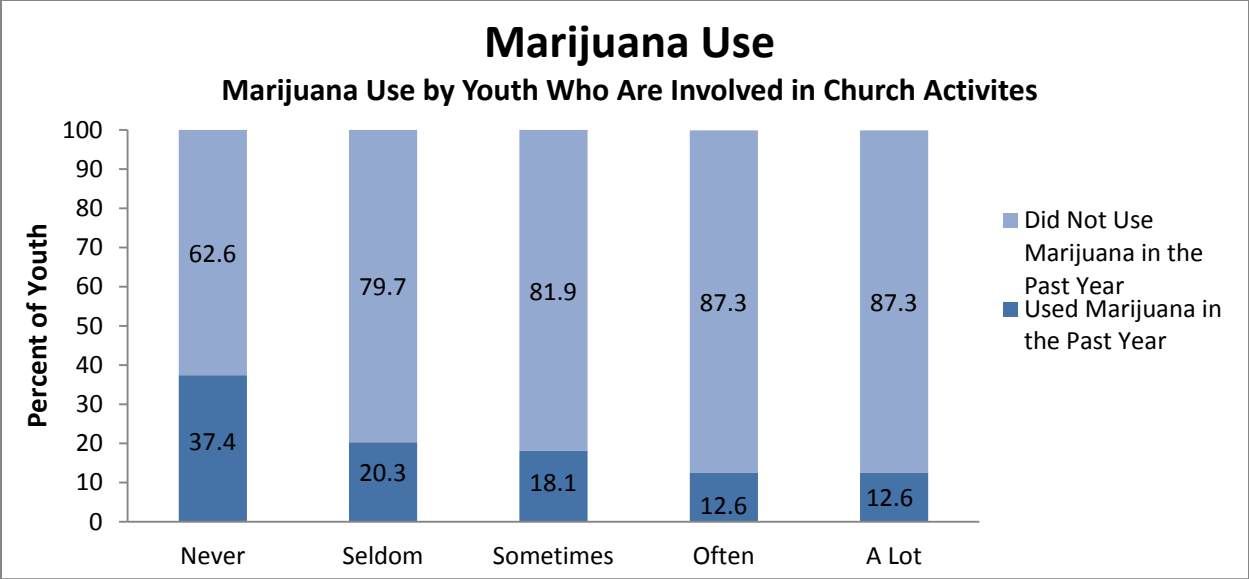
Of youth who are never involved in sports, there is a higher proportion (37.1%) that used marijuana in the past year than those that are involved in sports often or a lot (11.2% and 21.1%).



Source: Rockingham County/Harrisonburg Youth Survey

What the numbers and other information told us:

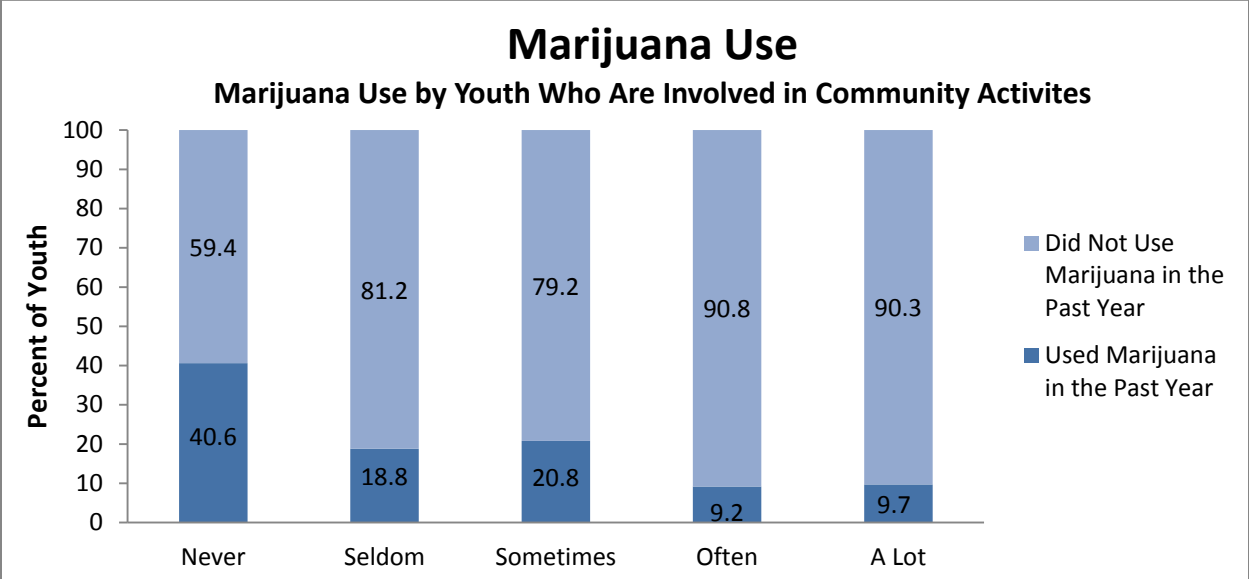
Of youth who participate in clubs a lot, only 15.6% have used marijuana in the past year. This is 17.2% less than the portion of youth who never participate in clubs and have used marijuana in the past year.



Source: Rockingham County/Harrisonburg Youth Survey

What the numbers and other information told us:

Of youth who participate in church activities a lot, only 12.6% have used marijuana in the past year. This is less than one third of youth (37.4%) who never participate in church activities and have used marijuana in the past year.



Source: Rockingham County/Harrisonburg Youth Survey

What the numbers and other information told us:

Of youth who participate in community activities a lot, only 9.7% have used marijuana in the past year. This is 30% less than the portion of youth who never participate in community activities and have used marijuana in the past year.

Drug Use 2017

Youth Nationwide Who Use Illicit Drugs

PRIDE	Daily	Weekly	Annually
2015	4.0%	7.3%	18.4%
2016*	5.7%	9.3%	20.7%

Source: PRIDE National Survey

*When the data from the 2017 PRIDE survey is available, this report will be updated online.

Harrisonburg/Rockingham Youth Data Survey

Year	Daily	Weekly	Monthly	Annually
2015	3.8%	8.4%	12.1%	22.9%
2017	4.0%	9.8%	12.0%	21.2%

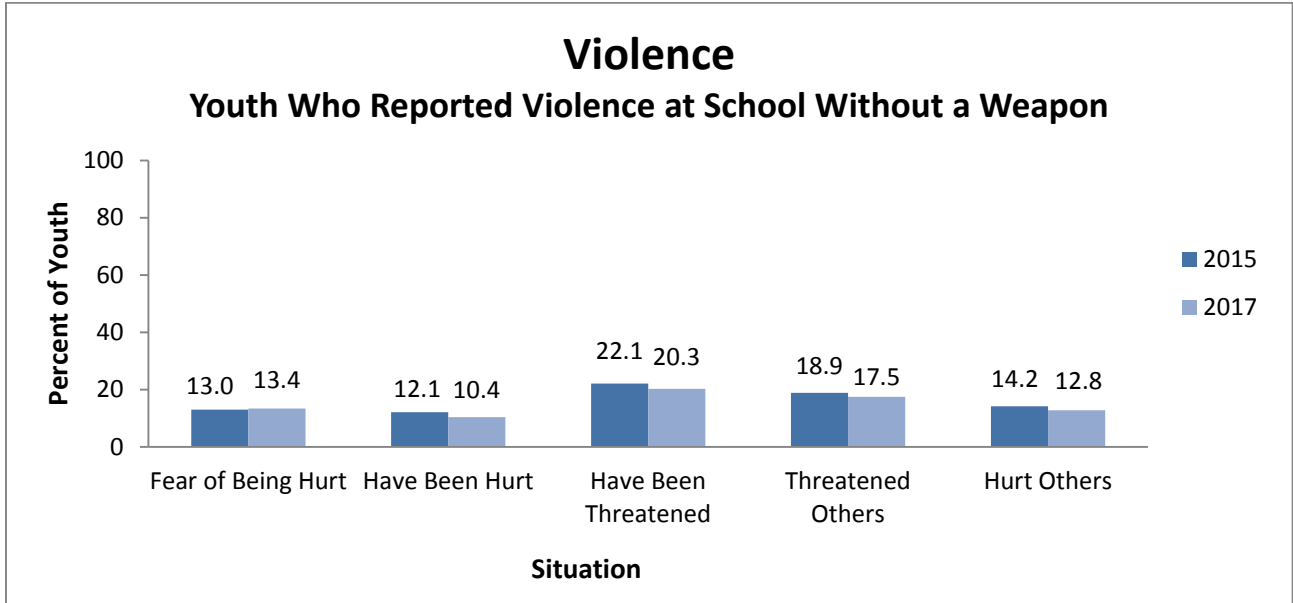
Source: Rockingham County/Harrisonburg Youth Survey

What the numbers and other information told us:

Illicit drug use has generally decreased in Harrisonburg City/Rockingham County.

The Harrisonburg/ Rockingham use of illicit drugs is slightly higher than the national average for weekly and annual use of illicit drugs.

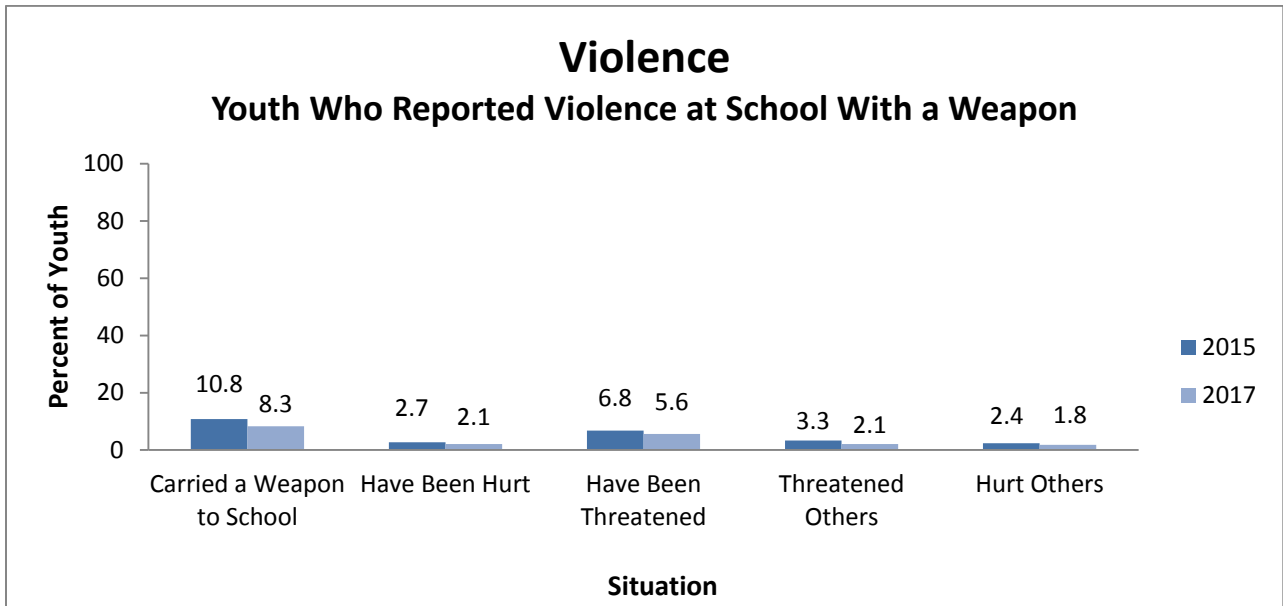
Violence 2017



Source: Rockingham County/Harrisonburg Youth Survey

What the numbers and other information told us:

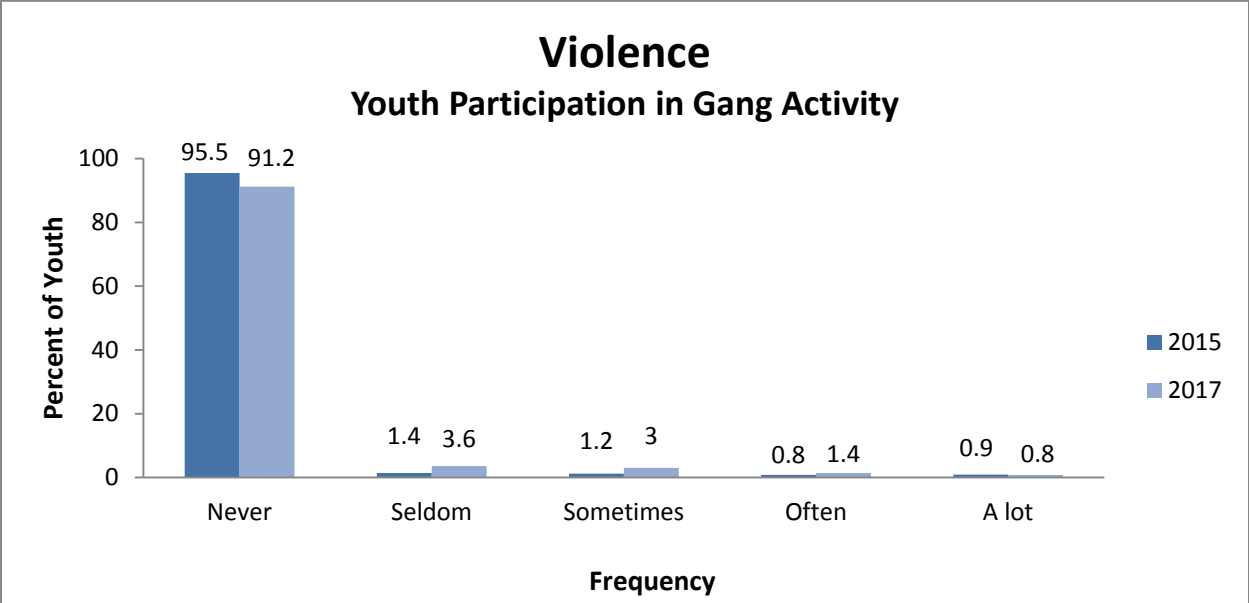
There was an increase in students reporting a fear of being hurt and a decrease in students being hurt at school without a weapon.



Source: Rockingham County/Harrisonburg Youth Survey

What the numbers and other information told us:

There was a decrease in all areas since 2015 for students who reported on violence at school with weapon.

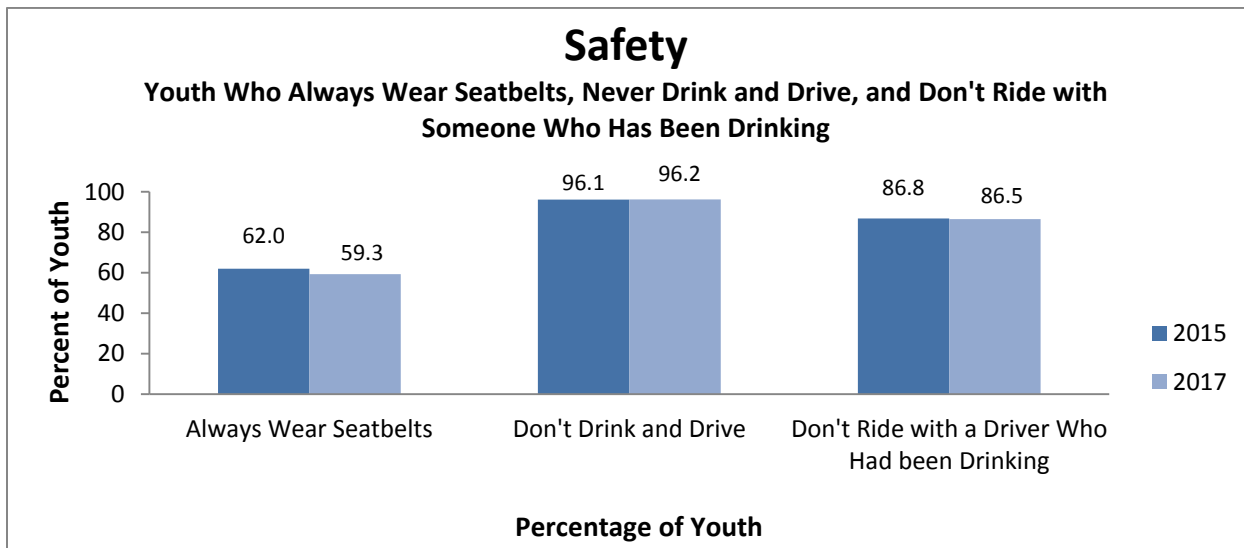


Source: Rockingham County/Harrisonburg Youth Survey

What the numbers and other information told us:

The majority of teens still do not report participating in gang activity. The numbers of youth reporting that they seldom, sometimes, or often participate in gang activity have increased slightly since 2015.

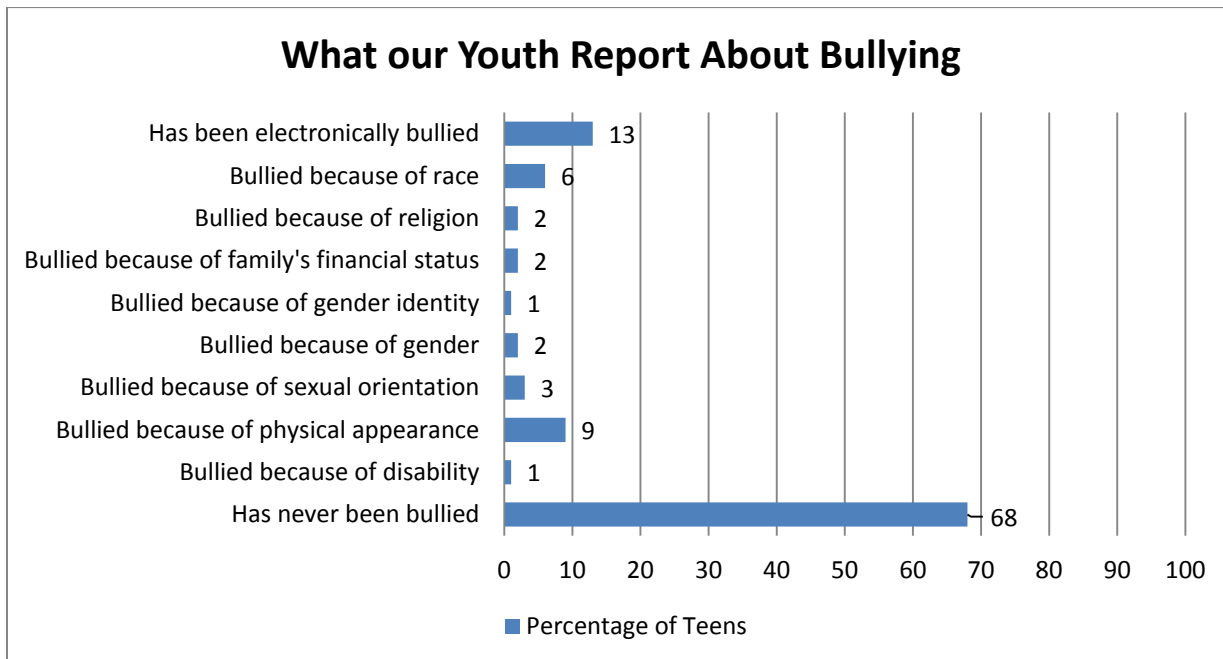
Youth Safety and Health 2017



Source: Rockingham County/Harrisonburg Youth Survey

What the numbers and other information told us:

The percentage of teens who always wear a seatbelt decreased slightly since 2015, and the percentage of those that don't drink and drive remained steady. Reporting on a new question in 2017 reveals that 86.5% of teens report that they do not ride with someone who has been drinking.

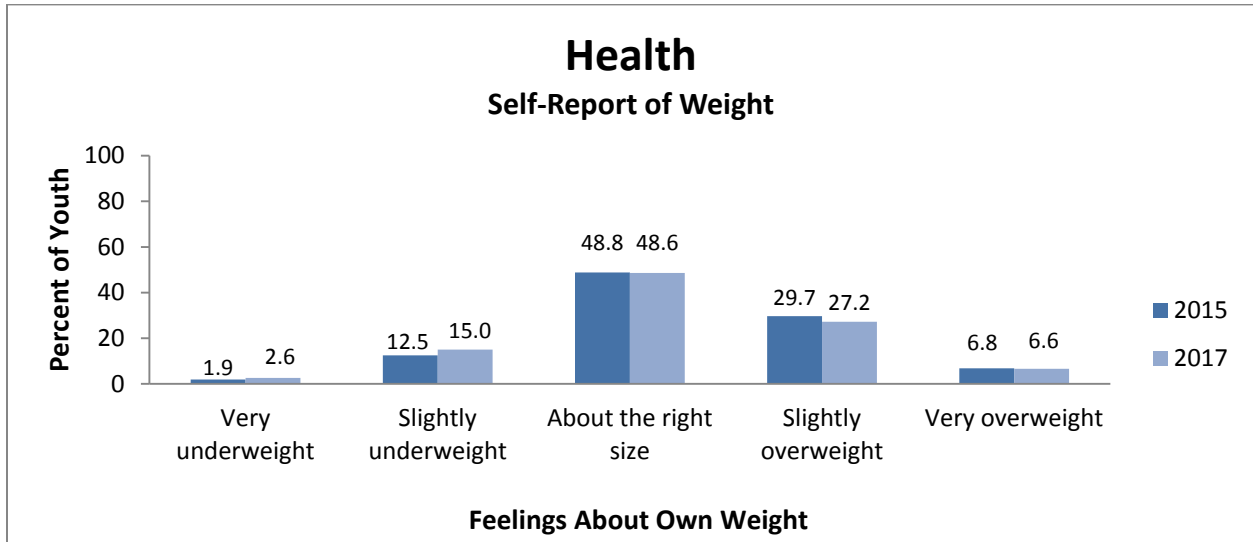


Source: Rockingham County/Harrisonburg Youth Survey

What the numbers and other information told us:

Although most students report they have never been bullied, 9% report having been bullied because of their physical appearance, and 13% have been electronically bullied.

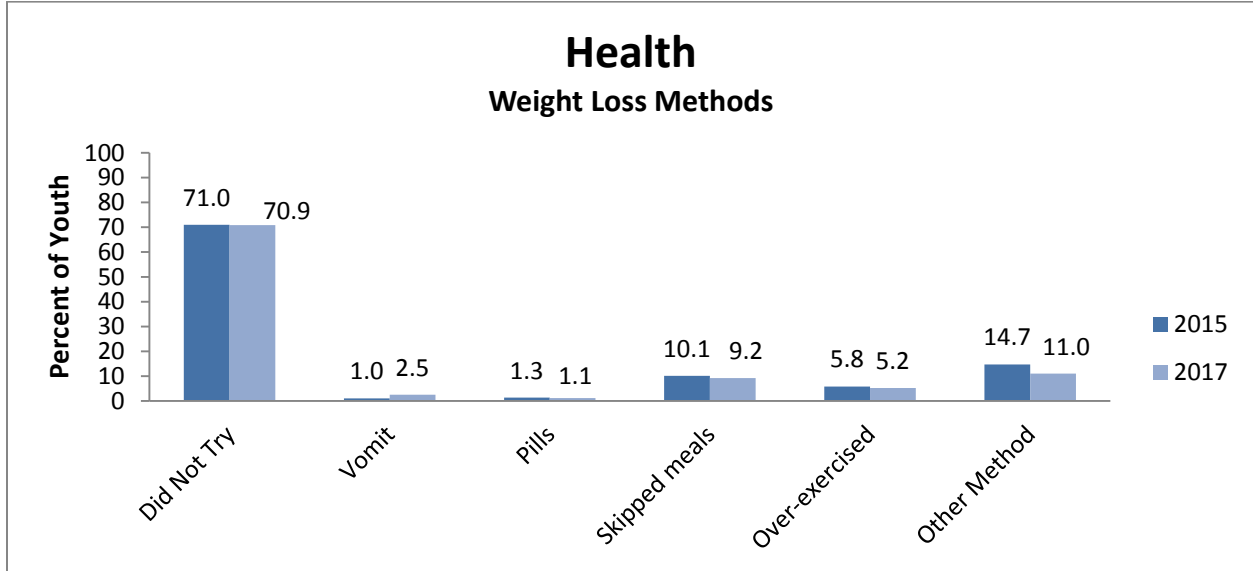
Health 2017



Source: Rockingham County/Harrisonburg Youth Survey

What the numbers and other information told us:

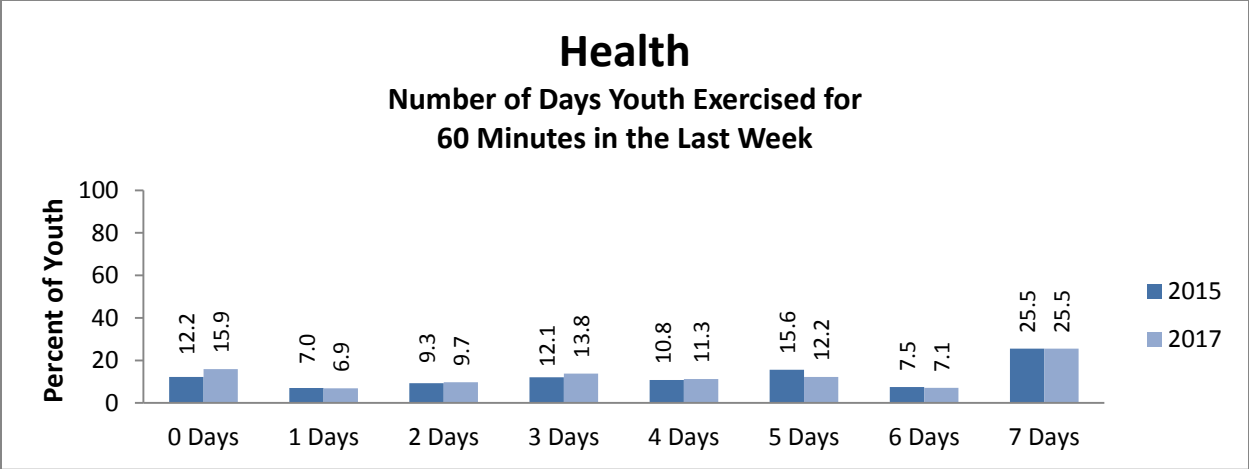
There was a small increase (2.5%) from 2015 in the number of youth who feel that they are slightly underweight. In addition, there was a small decrease (2.5%) from 2015 in the number of youth who feel that they are slightly overweight.



Source: Rockingham County/Harrisonburg Youth Survey

What the numbers and other information told us:

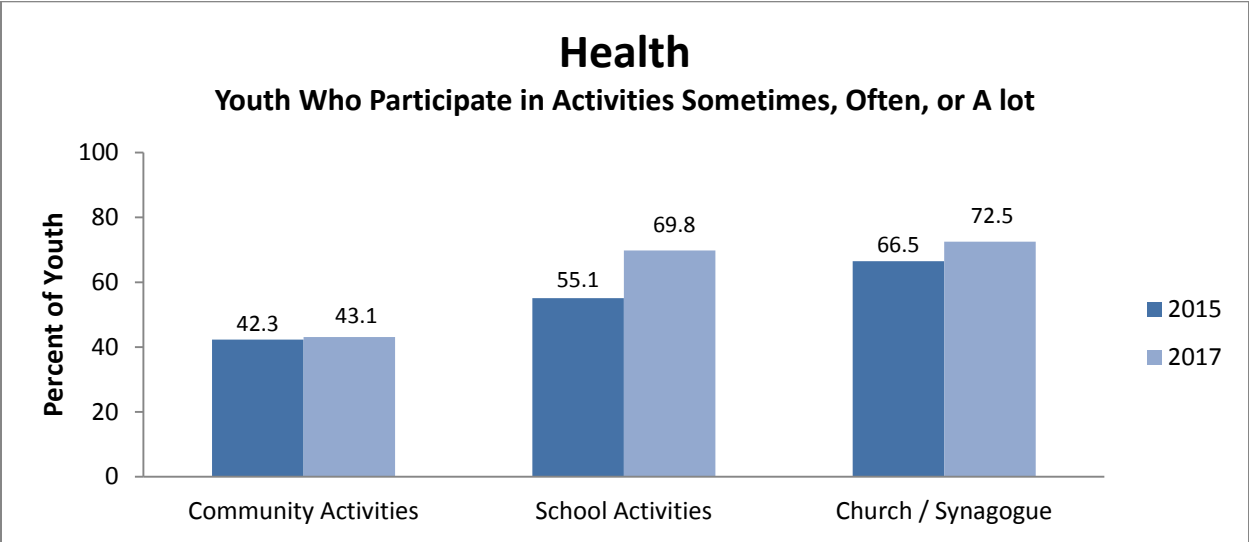
Overall, there was a decrease in the number of youth reporting that they were using these methods to lose weight. However, there was an increase (1% to 2.5%) of teens reporting that they vomited to lose weight.



Source: Rockingham County/Harrisonburg Youth Survey

What the numbers and other information told us:

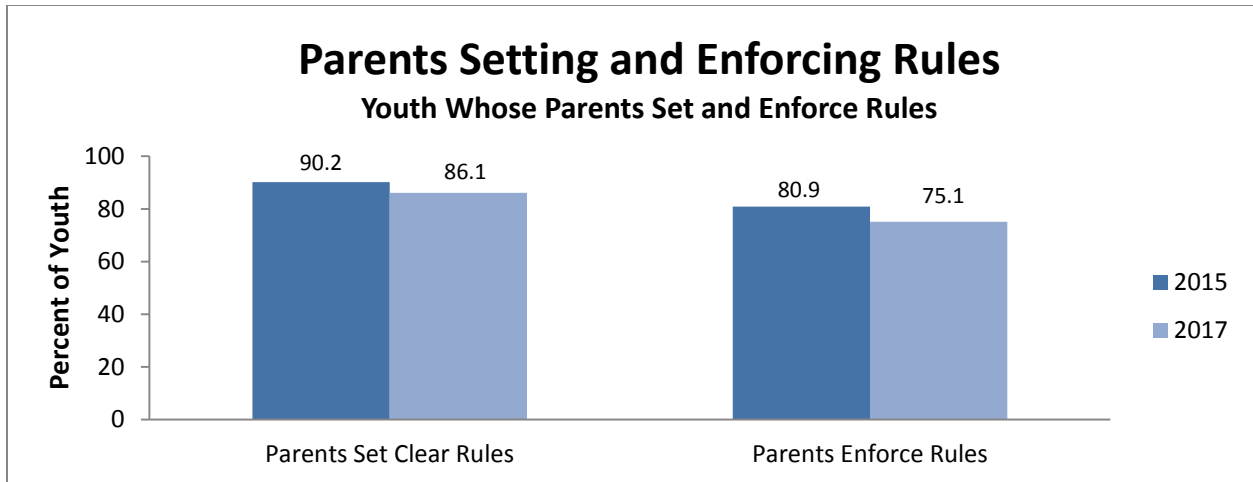
As in 2015, over a quarter (25.5%) of students report having exercised all seven days of the prior week. However, 15.9% report having not exercised at all during that time period.



Source: Rockingham County/Harrisonburg Youth Survey

What the numbers and other information told us:

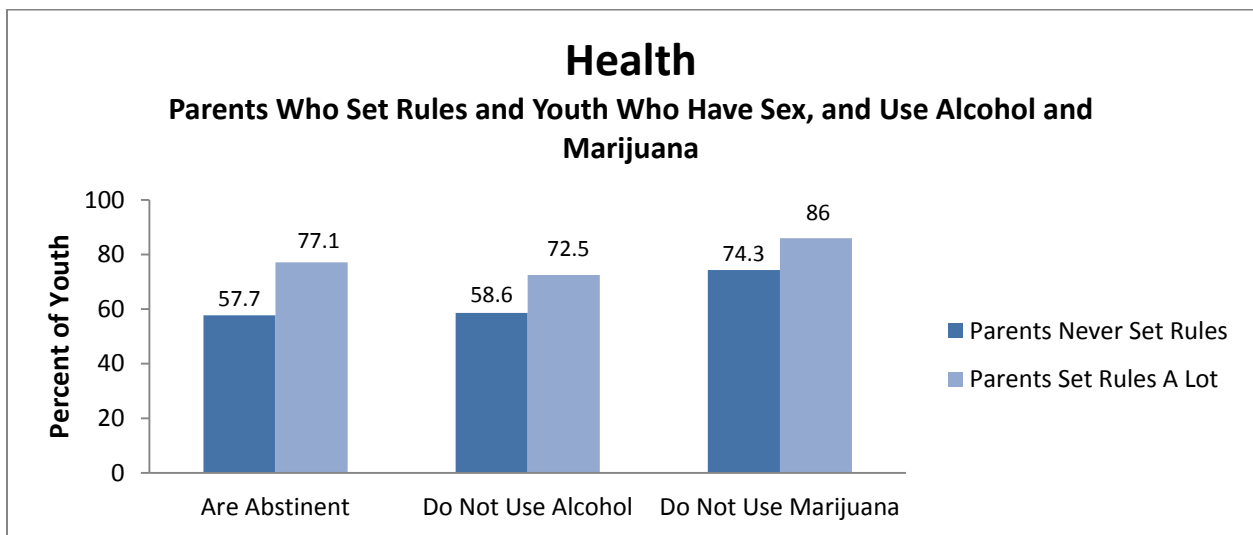
There was a 10% decrease in the teens who participate in church activities sometimes, often or a lot since 2015.



Source: Rockingham County/Harrisonburg Youth Survey

What the numbers and other information told us:

The reported rate at which parents set and enforce rules decreased 4-5% from 2015 to 2017.

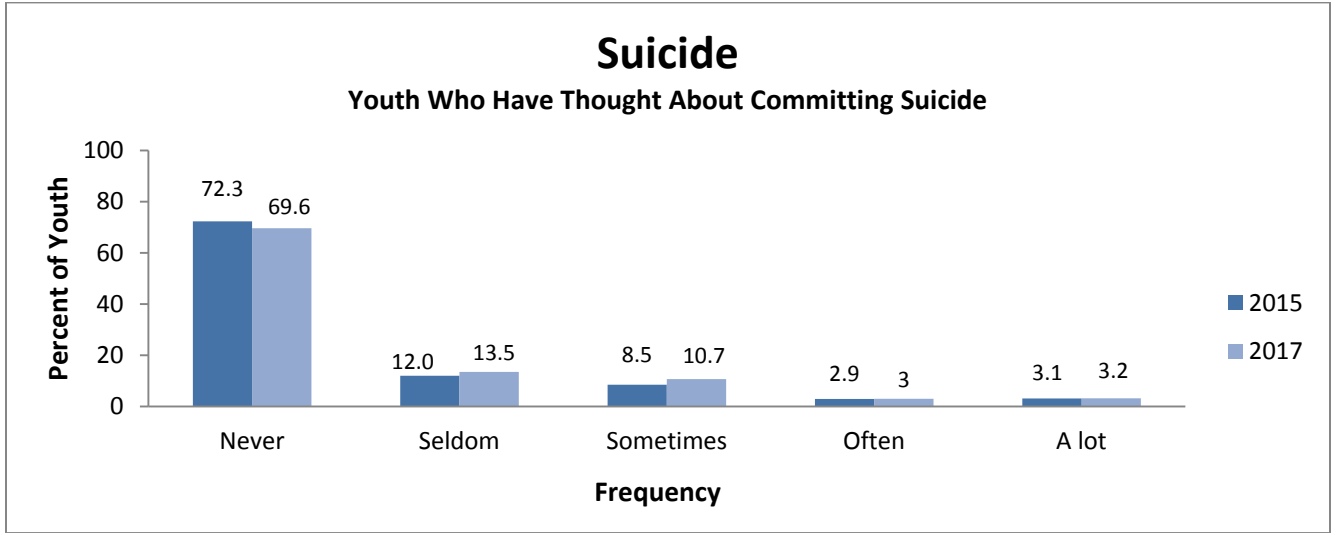


Source: Rockingham County/Harrisonburg Youth Survey

What the numbers and other information told us:

Children of parents who never set rules are less likely to abstain from sex, alcohol use, and marijuana use than children of parents who set rules a lot.

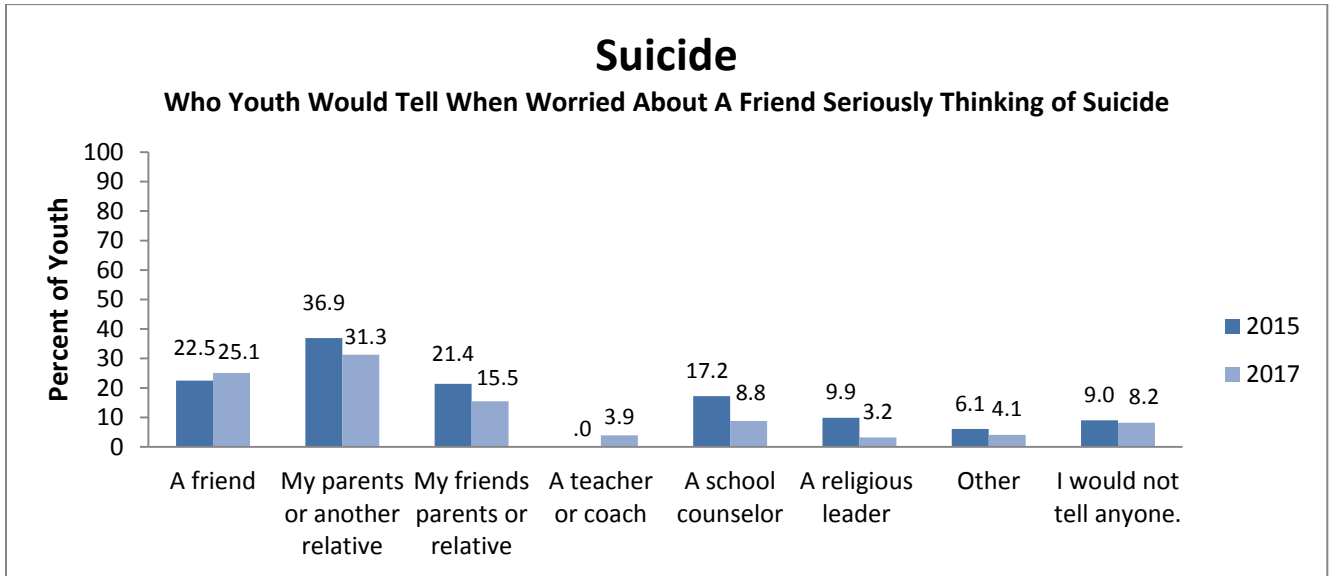
Suicide 2017



Source: Rockingham County/Harrisonburg Youth Survey

What the numbers and other information told us:

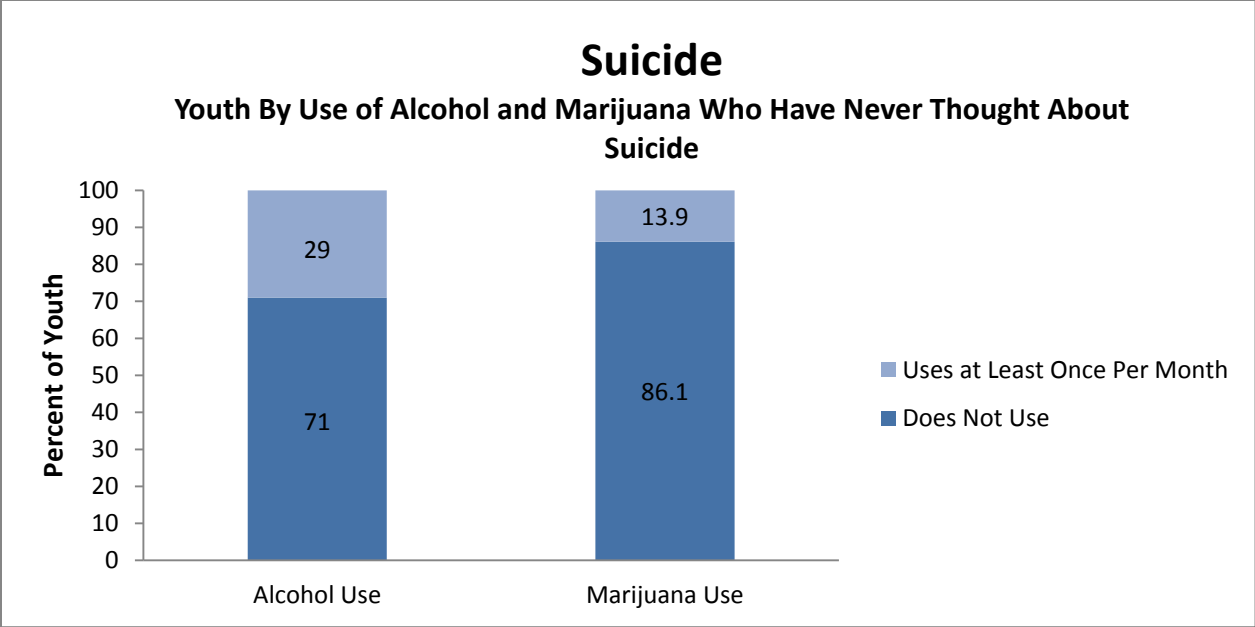
The number of students who have never thought about committing suicide decreased by 2.7% from 2015.



Source: Rockingham County/ Harrisonburg Youth Survey

What the numbers and other information told us:

In 2017 a low portion (8.2%) of youth reported they would not tell anyone if their friend was seriously thinking about suicide. Most teens (31.3%) would tell a parent or relative if they were worried about a friend committing suicide.



Source: Rockingham County/ Harrisonburg Youth Survey

What the numbers and other information told us:

Of youth that have never thought about suicide, 29% use alcohol at least one per year and 13.9% use marijuana at least once per year. These statistics are lower than those for the overall population (34.6% for annual alcohol use and 19.3% for annual marijuana use).

Parental Information

Education Level of Parents

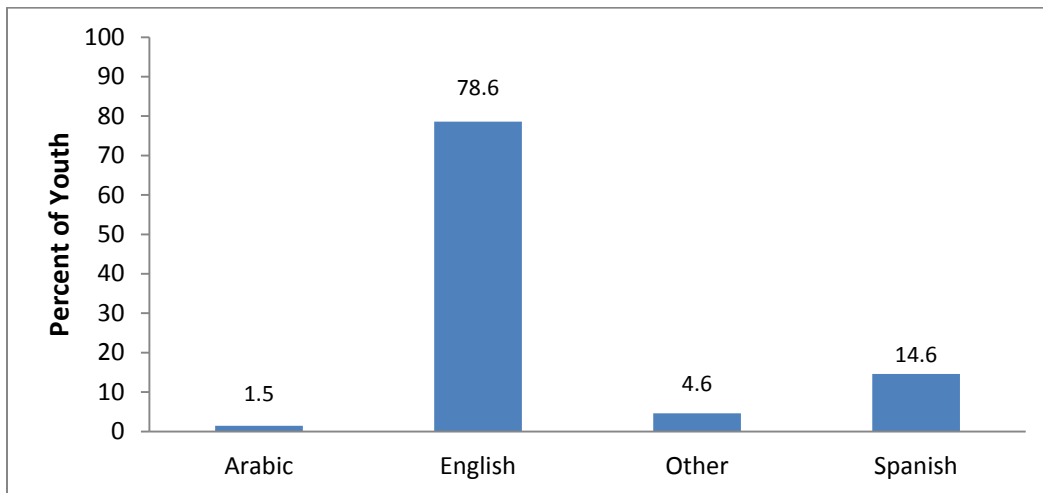
Reported by Youth

	Some High School	High school Graduate	Some College	College Graduate
Father	20.6%	32.4%	11.9%	34.9%
Mother	16.5%	24.9%	15.5%	43.1%

Source: Rockingham County/Harrisonburg Youth Survey

Language Spoken at Home

Reported by Youth



Youth Data Survey 2017

Alcohol Use

17.4% of teens feel it is very easy to get alcohol products.

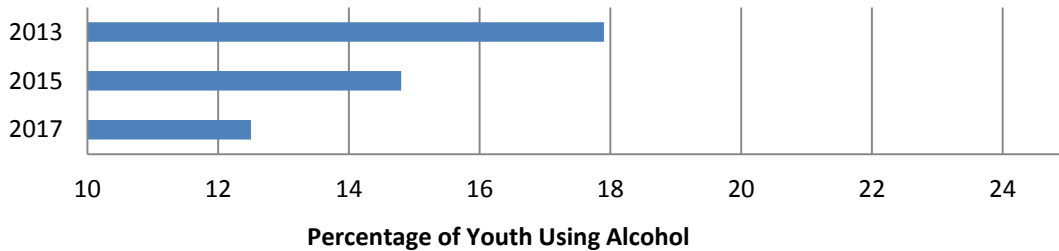
66.6% of teens feel that their parents would think that it would be very wrong if they used alcohol.

7.3% of teens say that their friends drink alcohol a lot.

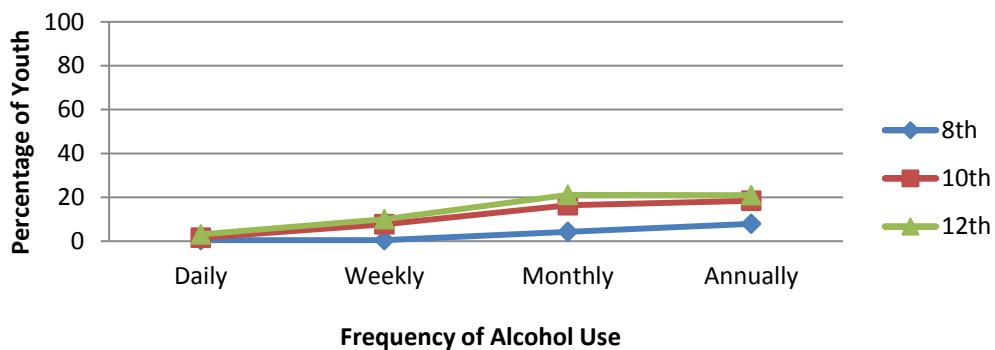
66% of teens do not drink alcohol.

63.6% of teens feel that drinking beer is very harmful to their health.

Youth Who Reported Alcohol Use Monthly



Frequency of Alcohol Use



Youth Data Survey 2017

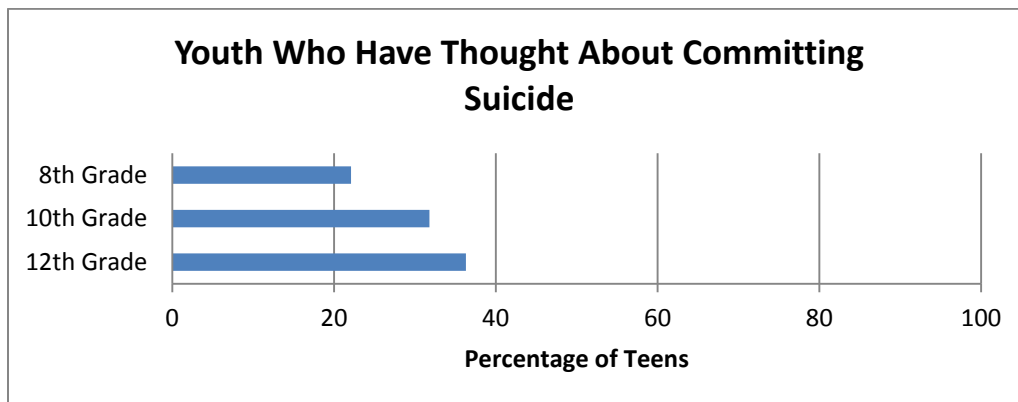
Depression and Suicide

31.3% of teens would tell a parent or relative if they were worried about a friend committing suicide.

69.6% of teens say that they never have thought about committing suicide.

30.5% of teens say they felt sad or hopeless for at least two weeks in the past year.

77.9% of teens say that they have not intentionally hurt their bodies in the last six months.



Youth Data Survey 2017

Tobacco & Drug Use

84.8% of teens have never used tobacco.

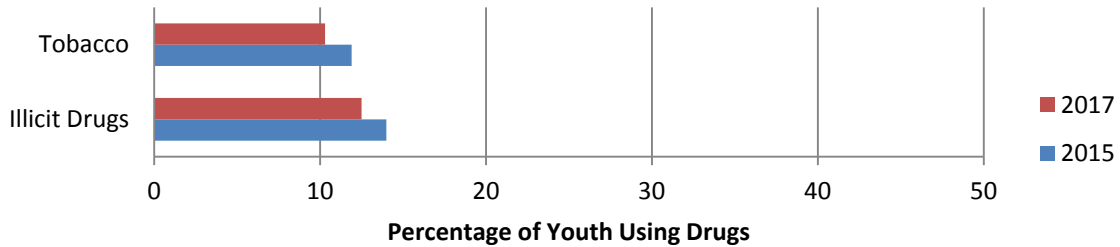
19.3% of teens report they have used marijuana.

3.3% of teens report they use tobacco weekly.

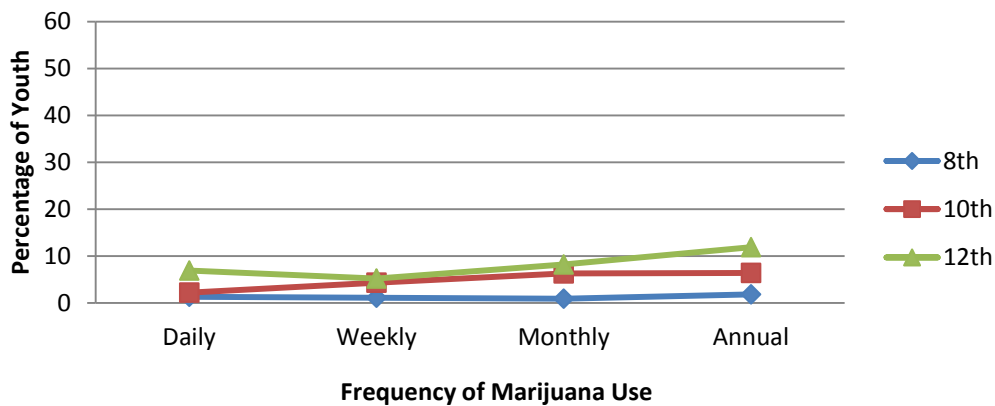
27.5% of teens feel that using marijuana is very harmful to their health.

3.9% of teens report they have used synthetic marijuana.

Youth Who Reported Tobacco and Drug Use Monthly



Frequency of Marijuana Use



Youth Data Survey 2017

Exercise, Nutrition, and Health

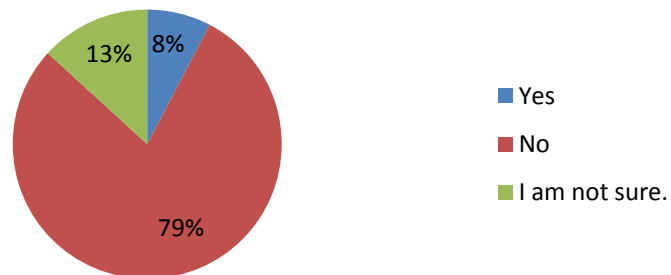
84.1% of teens say they have exercised for 60 minutes at least once in the last week.

62% of teens report getting less than 8 hours of sleep on an average school night.

84.7% of teens have *not* been told by a doctor that they are overweight.

34% of teens think they are overweight.

Youth Who Have Been Tested for Sexually Transmitted Infections and / or HIV / AIDS



Youth Data Survey 2017

Safety

62% of teens say they always wear a seatbelt when riding in somebody else's vehicle.

13% of teens report that they have been electronically bullied.

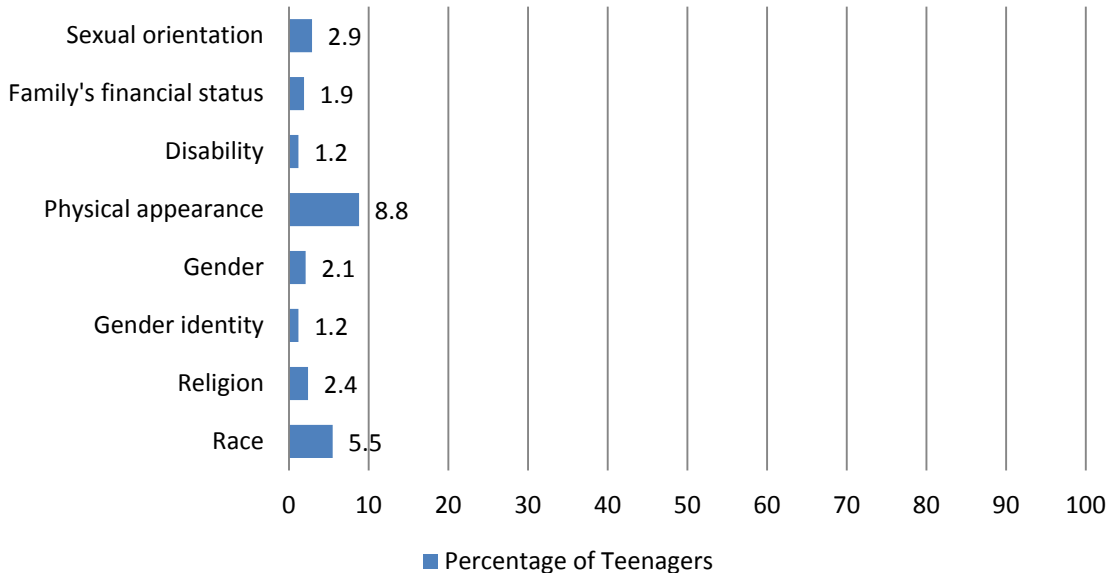
87.4% of teens say they feel safe in their neighborhoods.

96.2% of teens say they do not drink and drive.

41.7% of teens say they have texted or used social media while driving

86.5% of teens say they do not ride with a driver who has been drinking.

Teen-Reported Causes of Bullying



Youth Data Survey 2017

Sexuality

72.1% of teens say that they are sexually abstinent.

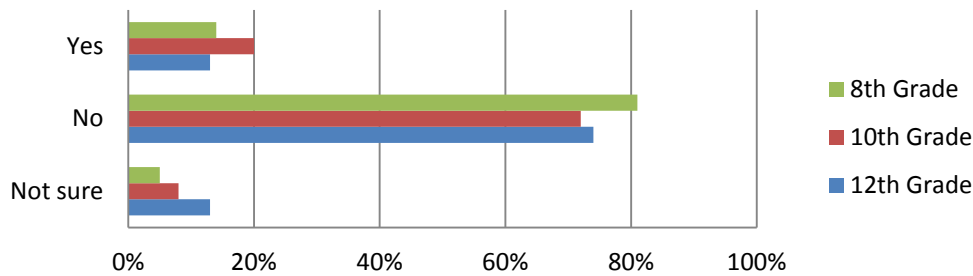
15.8% of teens say they drank alcohol or used drugs before the last time they had sexual intercourse.

53.1% of teens who are sexually active say that they use condoms.

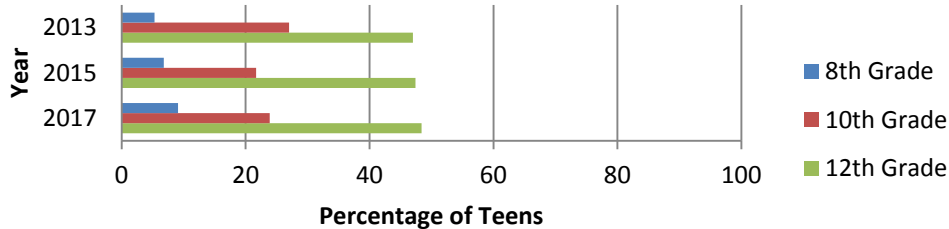
16.8% of teens who are sexually active say that they do not use any form of protection.

23.4% of teens say they wish they had more information about preventing sexually transmitted infections.

Youth Who Drank Alcohol or Used Drugs Before Their Last Sexual Encounter



Percentage of Youth Who Have Had Sexual Intercourse



HARRISONBURG-ROCKINGHAM YOUTH DATA SURVEY

INSTRUCTIONS



• USE A NO. 2 PENCIL
• FILL THE OVAL COMPLETELY
• DO NOT MAKE ANY STRAY MARKS

No. 1000

Please write in your school code: _____

1. Ethnic Origin:

- Two or more races
- White
- Black
- Hispanic/Latino
- Asian
- Native American
- Russian/Eastern European
- Other _____

2. What sex were you assigned at birth, or on your original birth certificate?

- Male
- Female

3. How do you describe yourself?

- I am a man
- I am a woman
- I am transgender
- I am gender non-conforming
(My gender does not follow male or female expectations)

4. Your grade:

- 8
- 9
- 10
- 11
- 12

5. Age:

- 10 years old or less
- 11 years old
- 12 years old
- 13 years old
- 14 years old
- 15 years old
- 16 years old
- 17 years old
- 18 years old
- 19 years old or more

6. Do you receive free or reduced-price lunch at school?

- Yes
- No
- Unsure

7. Do you live with:

- Both parents
- Mother only
- Father only
- Mother and stepfather
- Father and stepmother
- Grandparents
- Foster parents
- Friend
- Other

8. Do you have a job?

- Yes, full-time
- Yes, part-time
- No

9. What is the language you most often use at home?

- English
- Spanish
- Arabic
- Another language: _____

10. Do you have a smart phone?

- Yes
- No

11. Over the past 12 months I have lived in: (select all that apply)

- Stand-alone house (not connected to other houses)
- Townhouse or duplex
- Apartment or condo
- Motel
- Shelter
- A foster home
- I had nowhere to live
- Other: _____

12. What is the educational level of your parents?

- | | |
|---|---|
| Father: | Mother: |
| <input type="checkbox"/> Some high school | <input type="checkbox"/> Some high school |
| <input type="checkbox"/> High school graduate | <input type="checkbox"/> High school graduate |
| <input type="checkbox"/> Some college | <input type="checkbox"/> Some college |
| <input type="checkbox"/> College graduate | <input type="checkbox"/> College graduate |

13. During the past 30 days, did you text or use social media (Instagram, Snapchat, Twitter, etc.) while driving a car or other vehicle?

- I did not drive a car or other vehicle during the past 30 days
- Yes
- No

14. If you have intentionally harmed your body in the past 6 months, please select each method you have used: (select all that apply)

- I have not tried to intentionally harm myself in the past 6 months
- I have cut myself
- I have scratched myself
- I have hit or punched myself
- I have carved names/symbols into my skin
- Other

15. Have you thought about committing suicide?

- Never
- Seldom
- Sometimes
- Often
- A lot

16. How often do your parents... Never Seldom Sometimes Often A lot

- | | | | | | |
|--|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
| Set clear rules for you? | Never | Seldom | Sometimes | Often | A lot |
| Punish you when you break the rules? | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

17. How often do you... Never Seldom Sometimes Often A lot

- | | | | | | |
|--|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
| Make good grades? | Never | Seldom | Sometimes | Often | A lot |
| Skip school without your parents' permission in the past year? | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Get in trouble at school? | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Take part in school sports teams? | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Take part in school activities such as band, clubs, etc.? | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Take part in community activities such as scouts, rec. teams, youth clubs, etc.? | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Attend church, synagogue, etc.? | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Get in trouble with the police? | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Take part in gang activities? | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

18. Do your friends use... Never Seldom Sometimes Often A lot

- | | | | | | |
|--|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
| Tobacco (cigarettes, etc.)? | Never | Seldom | Sometimes | Often | A lot |
| Alcohol (beer, liquor, etc.)? | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Marijuana (pot, etc.)? | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Prescription drugs not prescribed to them? | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

19. Have you had five or more glasses of beer, coolers, wine, or liquor within a few hours?

- Never
- Seldom
- Sometimes
- Often
- A lot

- 20. Have you...** Yes No
- Bought or sold drugs at school?
- Bought or sold drugs when not at school?
- Carried a gun for protection or as a weapon when not at school in the past year?

- 21. Within the past year, how often have you...**
- | | Did not use | Once/year | Once/month | Once/week | Every day |
|---|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
| Used tobacco (cigarettes, cigars, dip, etc.)? | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Drunk alcohol (beer, coolers, wine, liquor, etc.)? | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Smoked marijuana (weed, pot, etc.)? | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Used cocaine (crack, etc.)? | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Used inhalants (glue, gas, etc.)? | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Used hallucinogens (PCP, LSD, etc.)? | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Used heroin (opiates)? | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Used steroids? | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Used ecstasy (molly, MDMA)? | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Used meth (crystal, ice, crank, etc.)? | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Used prescription drugs not prescribed to you (such as Ritalin, Xanax, or Oxy)? | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Used over-the-counter drugs (to get high)? | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

- 22. Have you ever used the following:**
- Synthetic marijuana (K-2, Spice)
- The drug known as "bath salts"
- No, I have never used these drugs

- 23. How easy is it to get...**
- | | Don't know/ Can't get | Very Difficult | Fairly Difficult | Fairly Easy | Very Easy |
|--|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
| Tobacco (cigarettes, cigars, dip, etc.)? | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Alcohol (beer, coolers, wine, liquor, etc.)? | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Marijuana (weed, pot, etc.)? | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Prescription drugs not prescribed to you? | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

- 24. How much do you think people risk harming themselves physically or in other ways if they...**
- | | No Risk | Slight Risk | Moderate Risk | Great Risk |
|---|--------------------------|--------------------------|--------------------------|--------------------------|
| Smoke one or more packs of cigarettes per day? | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Smoke e-cigarettes (vaping)? | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Have five or more drinks of alcoholic beverages (beer, coolers, wine, liquor) once or twice a week? | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Take one or two drinks of an alcoholic beverage (beer, coolers, wine, liquor) nearly every day? | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Smoke marijuana once or twice a week? | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Use prescription drugs that are not prescribed to them? | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

- 25. During the past 30 days, did you...** Yes No
- Smoke part or all of a cigarette?
- Smoke e-cigarettes (vaping)?
- Drink one or more drinks of an alcoholic beverage?
- Use marijuana?
- Use prescription drugs not prescribed to you?
- Use over-the-counter drugs to get high?
- Use inhalants (glue, gas, etc.)?

- 26. At what age did you first...**
- Use tobacco?
- Never used 10 or under 11 12 13 14 15 16 17 or older
- Drink alcohol?
- Never used 10 or under 11 12 13 14 15 16 17 or older
- Smoke marijuana (weed, pot, etc.)?
- Never used 10 or under 11 12 13 14 15 16 17 or older
- Use prescription drugs not prescribed to you?
- Never used 10 or under 11 12 13 14 15 16 17 or older

- 27. How wrong do your parents feel it would be for you to...** Not at all wrong A little bit wrong Wrong Very wrong
- Smoke tobacco?
- Have one or two drinks of an alcoholic beverage nearly every day?
- Smoke marijuana (pot, weed, etc.)?
- Use prescription drugs that are not prescribed to you?

- 28. How wrong do your friends feel it would be for you to...** Not at all wrong A little bit wrong Wrong Very wrong
- Smoke tobacco?
- Have one or two drinks of an alcoholic beverage nearly every day?
- Smoke marijuana (pot, weed, etc.)?
- Use prescription drugs that are not prescribed to you?

- 29. WHERE do you usually... (you may mark more than 1 response for each question)**
- | | Do not use | At home | At school | In a car | Friend's house | Other |
|--|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
| Smoke tobacco? | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Drink alcohol? | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Smoke marijuana (pot, weed, etc.)? | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Use prescription drugs that are not prescribed to you? | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

- 30. WHEN do you usually... (you may mark more than 1 response for each question)**
- | | Do not use | Before school | During school | After school | Week nights | Week-ends |
|--|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
| Smoke tobacco? | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Drink alcohol? | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Smoke marijuana (pot, weed, etc.)? | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Use prescription drugs that are not prescribed to you? | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

- 31. How do you feel about someone your age having one or two drinks of an alcoholic beverage nearly every day?**
- Neither approve or disapprove
- Somewhat disapprove
- Strongly disapprove
- Don't know or can't say

- 32. During the past 30 days, how many times did you...**
- Drive a car or other vehicle when you had been drinking alcohol?
- 0 times 1 time 2 or 3 times 4 or 5 times 6 or more
- Ride in a car or other vehicle driven by someone who had been drinking alcohol?
- 0 times 1 time 2 or 3 times 4 or 5 times 6 or more

33. How often do you wear a seatbelt?

- Never
- Seldom
- Sometimes
- Most of the time
- Always
- I don't drive

34. While at school in the past year, have you...

Never One time 2-5 times 6 or more

- Carried a handgun?.....
- Carried a knife or other weapon?.....
- Threatened a student with a handgun, knife, or other weapon?.....
- Threatened to hurt a student by hitting, slapping, or kicking?.....
- Hurt a student by using a handgun, knife, or other weapon?.....
- Hurt a student by hitting, slapping, or kicking?..
- Been threatened with a handgun, knife, or other weapon?.....
- Had a student threaten to hit, slap, or kick you?...
- Been afraid a student may hurt you?.....
- Been hurt by a student using a handgun, knife, or other weapon?.....
- Been hurt by a student who hit, slapped, or kicked you?.....

35. In my school I feel safe...

Never Seldom Sometimes Often A lot

- In the classroom.....
- In the cafeteria (lunchroom).....
- In the halls.....
- In the bathroom.....
- In the gym.....
- On the school bus.....
- At school events.....
- In the parking lot.....

36. Have you ever talked to your parents about... (select all that apply)

Never Seldom Sometimes Often A lot

- Sex?.....
- Sexually transmitted infections or HIV / AIDS?.....
- Preventing pregnancy?.....
- Drugs?.....
- Alcohol?.....
- Unwanted sexual contact?.....
- Tobacco?.....

37. Do your teachers ever talk to you about... (select all that apply)

Never Seldom Sometimes Often A lot

- Sex?.....
- Sexually transmitted infections or HIV / AIDS?.....
- Preventing pregnancy?.....
- Drugs?.....
- Alcohol?.....
- Unwanted sexual contact?.....
- Tobacco?.....

38. Do you wish to have more information about... (select all that apply)

- Preventing pregnancy?
- Preventing sexually transmitted infection and HIV/AIDS?
- Drugs?
- Alcohol?
- Tobacco?
- Unwanted sexual contact?

39. Have you ever had sexual intercourse?

- No
 - Yes
- If yes, how old were you when you had sexual intercourse for the first time?
- 12 or younger
 - 13
 - 14
 - 15
 - 16
 - 17
 - 18

40. The last time that you had sexual intercourse did you use any of the following (select all that apply)?

- I have not had sexual intercourse
- Drugs
- Alcohol
- None of the above
- Unsure

41. The last time that you had sexual intercourse, what method(s) did you or your partner use to prevent pregnancy and / or sexually transmitted infections (select all that apply)?

- I have never had sexual intercourse
- No method was used
- Birth control pills
- Condoms
- Withdrawal
- Birth control shot
- IUD

42. Have you ever been tested for sexually transmitted infections and/or HIV/AIDS? (Do not count tests done if you donated blood.)

- Yes
- No
- Not sure

43. During the past 12 months, how many times did someone you were dating or going out with physically hurt you on purpose? (Count such things as being hit, slammed into something, or injured with an object or weapon.)

- I did not date or go out with anyone during the past 12 months
- 0 times
- 1 time
- 2 or 3 times
- 4 or 5 times
- 6 or more times

44. Have you ever received a touch of a sexual nature from anyone, which you did not consent to or did not want?

- Yes
- No
- Unsure

45. Have you ever been forced to do sexual things you did not want to do by someone you were dating or going out with? (Count such things as kissing, touching, or being physically forced to have sexual intercourse.)

- Yes
- No
- Unsure

46. On an average school night, how many hours of sleep do you get?

- 4 or less hours
- 5 hours
- 6 hours
- 7 hours
- 8 hours
- 9 hours
- 10 or more hours

47. During the past 30 days, which of the following did you do to lose weight or keep from gaining weight? (select all that apply)

- I did not try to lose weight
- I made myself vomit
- I took diet pills
- I skipped meals on purpose
- I over-exercised
- I used some other method but did not vomit or take diet pills

48. During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spent in any kind of physical activity that increased your heart rate and made you breathe hard some of the time.)

- 0 days
- 1 day
- 2 days
- 3 days
- 4 days
- 5 days
- 6 days
- 7 days

49. I feel comfortable with my body size:

- Yes
- No

50. How do you think of yourself?

- Very underweight
- Slightly underweight
- About the right weight
- Slightly overweight
- Very overweight

51. Has a doctor told you that you are overweight?

- Yes
- No

52. During the past 7 days, how many times did you eat fruit? (Do not count fruit juices.)

- I did not eat fruit during the past 7 days
- 1 to 3 times during the past 7 days
- 4 to 6 times during the past 7 days
- 1 time per day
- 2 times per day
- 3 times per day
- 4 or more times per day

53. During the past 7 days, how many times did you eat vegetables? (Do not count French fries, fried potatoes or potato chips.)

- I did not eat vegetables during the past 7 days
- 1 to 3 times during the past 7 days
- 4 to 6 times during the past 7 days
- 1 time per day
- 2 times per day
- 3 times per day
- 4 or more times per day

54. Have you ever been suspended from school?

- Yes
- No

55. During the past 12 months, how often have you done volunteer work (for a charity, a neighbor, through church, etc.)?

- More than once a week
- Once a week
- Once a month
- At least 2-3 times in the past year
- Once in the past year
- Not at all in the past year
- Don't know

56. During the past 12 months, how often have your parent(s) or guardians done volunteer work (for a charity, a neighbor, or through church, etc.)?

- More than once a week
- Once a week
- Once a month
- At least 2-3 times in the past year
- Once in the past year
- Not at all in the past year
- Don't know

57. How often do you feel safe in your neighborhood?

- All of the time
- Most of the time
- Some of the time
- Never

58. When you are not at home, how often does one of your parents/guardians know where you are and who you are with?

- All of the time
- Most of the time
- Some of the time
- Never

59. My parents/guardians ask if I've gotten my homework done

- Yes
- No

60. During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?

- Yes
- No

61. Who would you tell if you were worried that a friend is seriously thinking about suicide? (select only one)

- Another friend
- My parent or another relative
- My friend's parent or relative
- A teacher or coach
- A school counselor
- A religious leader (my minister, priest, rabbi or youth leader)
- Other
- I would not tell anyone

62. In the past 12 months, have you been electronically bullied? (Count being bullied through social media, email, chat rooms, websites and texting.)

- Yes
- No

63. In the past 12 months, I have been bullied (verbally, physically, and/or electronically) because of: (select all that apply)

- I have not been bullied in the past year
- My race
- My religion
- My family's financial status
- My sexual orientation
- My gender
- My gender identity
- My physical appearance
- My disability
- Other: _____