

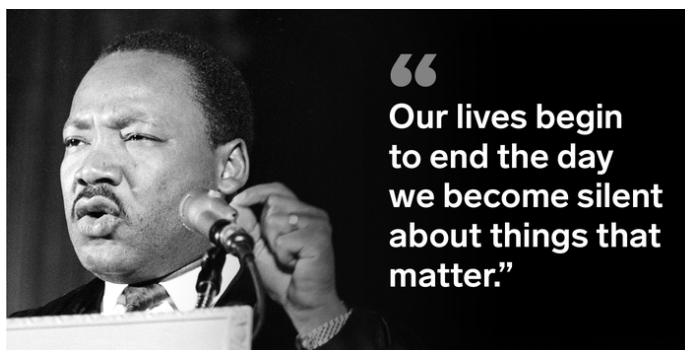


CHBS Canopy

Inclusive Excellence

Volume1 | Issue 7 – January 17, 2023

Martin Luther King Jr. Observance – January 15



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The Year of the Rabbit



The Lunar New Year is an international holiday celebrated for fifteen days by two billion people from many Asian countries and their descendants worldwide. It may be referred to as the Chinese Lunar New Year or Spring Festival, with a history traced back to 475 B.C. in China.

In the past, Chinese New Year was a special time to honor deities and ancestors. During present-day celebrations, there are several commonplace traditions practiced by people. For instance, homes are thoroughly cleaned out. This cleaning symbolizes chasing out bad luck and ushering good fortune into the year. Families gather and enjoy special meals. Young ones are given money in red envelopes. On the final day, the ‘Lantern Festival’ takes place. During the festival, glowing lanterns are hung in temples or carried around. Parades and ceremonial dances take over the streets.

Each new year another animal represents the Chinese Zodiac. [Do you know the animal of your birth year?](#)

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January is National Poverty in America Month

Aiming to recognize the conditions of poverty many people experience, January is National Poverty in America Awareness Month. Even in the U.S.A., nearly 12 million children live in families that experience food insecurity, housing displacement, increased labor-related disabilities, chronic stress, and exposure to environmental toxins. Families reside in a built environment without quality education, often less safe with fewer protections, limited recreational and green spaces, and less access to affordable and accessible physical and mental health services. We should easily recognize these realities as detrimental and examples of the social determinants of health. These can be experienced across the lifespan and be lifelong.

The question is, how can we end poverty? If that is too large of a question, consider what actions you can take with available resources to make a difference. A first step may be examining values around poverty. Nobody chooses to live in poverty. There are often intersecting life conditions that lead to living in poverty. Medical costs often contribute to a reduction in family economic well-being. There may be an unexpected, unplanned life event such as a major automobile accident, a diagnosis of cancer, or a heart attack. Even with insurance, treatment copays and out-of-pocket costs like travel for care start to mount. Poverty is not a personal failure.

Community service learning is another strategy that helps students recognize the positive impact they may have on others, especially those impacted by economic challenges. Students can learn from community members about the real impact of the social determinants of health from the individual health challenges of being unhoused or the lack of safe green spaces to exercise. Students can work towards ending the isolation, shame, and guilt of poverty often imposed on those who experience it.

Community service learning can be associated with one of CHBS domains for change – the community. Learn more about [JMU's Community service learning](#) unit (CS-L) and check out the [Community Service Learning Faculty Tool Kit](#).

Official Poverty Measure (US Census Bureau)

- The official poverty rate in 2021 was 11.6 percent, with 37.9 million people in poverty. Neither the rate nor the number in poverty was significantly different from 2020.
- Official poverty rates decreased for people under the age of 18 and increased for people 65 years and older but were not statistically different for 18- to 64-year-olds.

January 20th – International Day of Acceptance

This is a day when people worldwide come together to support and embrace the challenges of having a disability. International Day of Acceptance was created to recognize the social acceptance of disability. Annie Hopkins, the founder of 3E Love, created the Symbol of Acceptance. This symbol unifies people of all abilities in conversations that help change attitudes, educate them about the importance of embracing diversity, and fight against ableism.





International Holocaust Memorial Day

Friday, January 27, 2023

Theme: **Ordinary People**

Excerpt from the Holocaust Memorial Day Trust

Genocide is facilitated by ordinary people. Ordinary people turn a blind eye, believe propaganda, join murderous regimes. And those who are persecuted, oppressed and murdered in genocide aren't persecuted because of crimes they've committed – they are persecuted simply because they are ordinary people who belong to a particular group (eg, Roma, Jewish community, Tutsi).

Ordinary people were involved in all aspects of the Holocaust, Nazi persecution of other groups, and in the genocides that took place in Cambodia, Rwanda, Bosnia and Darfur. Ordinary people were perpetrators, bystanders, rescuers, witnesses - and ordinary people were victims. In every genocide, those targeted faced limited choices – 'choiceless choices' (Lawrence Langer) but in every genocide, the perpetrators have choices, ordinary people have choices. Sometimes, these choices were limited too, sometimes they had to make life-threatening decisions. And ordinary people were the ones who made brave decisions to rescue, to hide or stand up. But ordinary people also made decisions to ignore what was going on around them, to be bystanders, to allow the genocide to continue.

[Read more](#)

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GO RED FOR WOMEN with CHBS

To participate, wear **RED** on **Friday, February 3**, and catch our photographer on the ground floor of HBS near the 'GO RED FOR WOMEN with CHBS' sign. Our photographer will be there periodically throughout the day.

OR

Take your own selfie with the 'GO RED FOR WOMEN with CHBS' sign and email it to creative@jmu.edu or post it to your own Instagram with **"#JMUCHBS"**

Photos will be included in the official JMU CHBS Instagram story on.

Cardiovascular disease is the leading cause of death in women.

Women, especially low-income and women with diverse backgrounds, experience less positive health outcomes for a variety of reasons. **Health equity** means that everyone has a fair and just opportunity to be as healthy as possible. Join us to increase awareness – **Go Red!**

Learn more about women's heart health - www.goredforwomen.org/en/



Learning Opportunities

Learning Access through Universal Design Fellowship Pilot

This fellowship program is intended to build Universal Design for Learning (UDL) course content and provide an opportunity for faculty participants to document the educational design research (McKenney & Reeves, 2019) as scholarly work.

There are six seats in this pilot Learning Access with Universal Design (LAUD) Fellowship program. Each fellow will receive a stipend of \$500 for the co-development of an evidence-based effort. Participants can expect to have about 15-20 hours of synchronous and asynchronous participation and project time, depending on the sophistication of each participant's project. The synchronous meeting will be hosted via JMU Zoom from 10:00 to 11:45 am EST on Fridays between February 10 and April 28, 2023.

For more information, contact Dr. Christie Liu, liujc@jmu.edu

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Professional Learning Community Opportunity

For Staff – From JMU Talent Development

Session	Description
DEI Microaggressions (Virtual) February 21, 2023 3:00 – 5:00 PM	This session will explore the concept of microaggressions and help participants identify effective strategies to prevent and interrupt these indignities in the workplace.
Equity Allyship February 23, 2023 10:00 AM – 12:00 PM	This practice-driven workshop is based on the LinkedIn Learning course: Leading Your Org on a Journey of Allyship by Verna Myers. You are encouraged to do the 30-minute online course prior to the session.
Gateway to Inclusion Wednesday, March 15, 2023 1:30 – 4:30 PM	In today's diverse workplace, tense moments occur. When you hear something offensive, you've said something wrong, or something you say has been taken out of context, people feel hurt, embarrassed, angry, or resentful. But such negative encounters don't have to stay negative. When handled properly, they can be transformed into "gateways" that lead to better working relationships and increased understanding.
We Can Talk About Race at Work Wednesday, April 19, 2023 10:00 AM – 12:00 PM	An interactive session focused on principles and practices.
Insider-Outsider Dynamics of Inclusion Wednesday, May 3, 2023 1:30 – 3:30 PM	In this workshop, we will explore dimensions of difference, insider-outsider dynamics, leadership competencies for inclusion, and develop change strategies for our own work life.

Faculty and Staff Intergroup Dialogue on Nationality and National Identity (In Person Faculty Community).

Join this nationally recognized program to gain a deeper understanding of your colleagues. Facilitated by Andreas Broscheid, CFI & CAL and Art Dean, Access & Inclusion. Tuesdays, 1/31-3/7, 1:15-2:45 PM. **Deadline to apply: 1/23 by 5 PM.**

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For Faculty

Annual Update on Aging in Virginia

Wednesday, January 25, 2023, 9:00 a.m. - 10:15 a.m. (virtual)

The Virginia Center on Aging and the Virginia Department for Aging and Rehabilitative Services invite you to the Annual Update on Aging, formerly known as *VCoA's Legislative Breakfast*.

"We're excited to share our work and demonstrate how it advances the health, well-being and equity for the elders of today and tomorrow."

[Register](#)

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Session Title: Teaching with Belonging | The foundation for inclusive excellence

Presenters: Nicole Wilson & Elane Kaye, JMU Libraries

February 3, 2023, 10:00 – noon (Virtual)

[Register](#)

Session Description:

"Belonging is a practice that requires us to be vulnerable, get uncomfortable, and learn how to be present with people without sacrificing who we are." - Brené Brown (Atlas of the Heart)

In this session, faculty will explore the role of cultivating a sense of belonging in our classrooms and on our campus through reflection and dialogue. Faculty will also learn more about how physiological and psychological safety are important to the concept of belonging and how we can create these spaces in our classrooms, on our campuses, and beyond. Finally, faculty will have the opportunity to consider, question, and identify a specific teaching practice to adapt, experiment with, or lean into more heavily as a way to cultivate belonging at JMU.

Session Title: An Update: Recognize, Respond, Refer: JMU Faculty's Role in Assisting Distressed Students

Presenter: David Onestak, PhD, Director of the University Counseling Center

February 24, 2:00 – 3:30 PM (In-person)

[Register](#)

Session Description:

Dr. Onestak returns to provide an update on the "new normal" of college students, specifics about JMU's students, define distress, discuss faculty's role, and provide strategies/resources to assist faculty.

Inclusive Teaching Institute (Online). Join colleagues to integrate justice, inclusion, diversity, equity, and access practices into our teaching. Facilitated by Daisy Breneman, CAL & CFI and Kayla Yurco, CISE & CFI. Wednesdays, 2/8, 2/15, 2/22, 3/1, and 3/8 from 2:30-4 PM on Zoom. **Deadline to apply: 1/30 by 5 PM.**

EVENTS

2023 Dr. Martin Luther King, Jr. Observance Events

Theme: *“Whatever affects one directly, affects all indirectly” MLK Jr.*

Sponsored by CMSS, James Madison Center for Civic Engagement, Madison Vision Series

For more information, contact multicultural@jmu.edu

MLK Breakfast

January 17, 2023

10:30 AM, The Union, Warren 256

Hosted by the JMU Chapter of the NAACP as a time for students, faculty & staff to share a meal and conversation.

JMU Diversity Conference

Theme: **Moving from Awareness to Action**

Festival Ballroom and Conference Center

March 22, 2023

[Submission deadline](#): Wednesday, 1/18/2023

Graduate School Meet & Greet

February 6, 2023, 9:00 – 10:30 AM

Holland Yates Hall, Room 4000

Come kick off the new year and new semester with the Graduate School over coffee and pastries. Open to all JMU graduate students, faculty, staff, and affiliates. For more information, tgsdiversity@jmu.edu

Mervyn Taylor Live Poetry Reading

Sponsored by: Furious Flower Poetry Center

March 23, 2023, 4:00 – 6:00 PM

Festival Highlands Room

Mervyn Taylor is a Trinidad-born poet who focuses on themes that deal with ordinary folk, with family and friends, finding the heroic quality of their lives as they face the difficulties of survival.

13th Annual African, African American & Diaspora Studies (AAAD)

[Interdisciplinary Conference](#) (Hybrid)

Theme: **Roots, Limbs, and Leaves**

February 14-17, 2023

For more information: aaadstudies@jmu.edu

Grant Opportunity	Alzheimer’s and Related Diseases Research Award Fund The Fund encourages scientifically rigorous applications from a broad spectrum of disciplines up to \$45,000. Letter of intent due 2/2/2023.
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